

COME & LIVE
*Unforgettable**
MOMENTS

LA FOLLE ENTREPRISE © - photo : P. Royer - gettyimages



***VIVRE DES MOMENTS INOUBLIABLES**

VALLÉE | CHAMPAGNY EN VANOISE | MONTALBERT | MONTCHAVIN - LES COCHES |
PLAGNE 1800 | PLAGNE CENTRE | PLAGNE BELLECOTE | PLAGNE VILLAGES |
PLAGNE SOLEIL | PLAGNE AIME 2000 | BELLE PLAGNE

www.la-plagne.com



MONTALBERT

2019 / 2020



YOUR HOLIDAY GUIDE

WWW.MONTALBERT.COM - +33 (0)4 79 09 77 33



*Unforgettable**
*VIVRE DES MOMENTS INOUBLIABLES

NOUVELLE JAGUAR I-PACE 100% ÉLECTRIQUE

ELLE VA FAIRE DU BRUIT,
MAIS PAS SUR LA ROUTE



La nouvelle Jaguar I-PACE est notre premier SUV premium entièrement électrique. Avec son design précurseur, son autonomie de 470 km*, sa recharge rapide (80% en 85 minutes**), ses 4 roues motrices et ses 400 ch CEE, elle redéfinit les standards des véhicules électriques. Et avec une accélération de 0 à 100 km/h en 4,8 secondes, elle prouve qu'elle appartient bel et bien à la famille Jaguar. [jaguar.fr](https://www.jaguar.fr)

THE ART OF PERFORMANCE

L'art de la performance

*Autonomie jusqu'à 470 km, qui est susceptible de varier selon notamment la configuration du véhicule, l'état de la batterie, le style de conduite, le type d'utilisation, les conditions climatiques ou l'environnement routier. **En utilisant un chargeur rapide de 50 kW à courant continu (DC). Les temps de recharge réels peuvent varier selon les conditions environnementales et l'équipement de recharge utilisé.

Consommation mixte (l/100 km) : 0. Émissions de CO₂ (g/km) : 0.

Jaguar France. Siren 509 016 804 RCS Nanterre.

Jaguar partenaire
officiel de



LA PLAGNE
Paradiski



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Welcome to La Plagne Montalbert !

The perfect place for an unforgettable holiday!
Nestled in the heart of nature, this welcoming, family-friendly resort offers the perfect setting! Embellish it as you like: with a pinch of activities, a dose of adventure or just a breath of fresh air!

We wish you a fantastic stay in LA PLAGNE MONTALBERT!

The resort is open July 6th to August 31st.

La Plagne thanks its partners



WELCOME INFORMATION



Tourist Office

 LA PLAGNE MONTALBERT

Open from Monday to Friday
from 9.00am to 12.30pm and
from 1.30pm to 6.30pm and from
9.00am to 12.00pm and 2.00pm to
6.30pm on Saturdays and Sundays.

 04 79 09 77 33
info.montalbert@la-plagne.com
www.la-plagne.com



Tourist Office Services

Left Luggage

A free left luggage service is available at the Tourist Office every Saturday and Sunday from 9am to 12pm and from 2pm to 6.30pm.

Weather Forecast

A weather forecast is displayed inside and outside the Tourist Office daily..

Lost property

All lost property returned will be kept at the Tourist Office.

Objets for hire

Table tennis bats, Petanque balls, board games etc.

A deposit is required.

Fax/Photocopies

Faxes or photocopies can be sent at the following costs: A4 black and white page €0.20, A4 colour page €1, Fax within France €0.80, Fax abroad €1.50

Internet

Maison de Montalbert is offering you free Wi-Fi internet access inside its building for 7 days using «Montalbert Wifi Free» network.

Wifi box «Hippocket» are available for hire at the Tourist Office.

Prices:

-1 Day : 7€

-1 Week : 39€

Payment at the desk by credit card only.

Paradiski Yuge

The Paradiski YUGE app makes you enjoy 200% of your stay in La Plagne in summer and winter.

Discover a wide range of functionalities: interactive map, resort guide, shuttle bus times, weather conditions, queuing time at lifts, personalised recommendations and lots more!!!



Plagne Access



Cet été,
on vous chouchoute !

Appli à télécharger sur
la-plagne.com/app

Retrouvez tous les avantages
sur plagne-access.com



MEER creative

KIDS



Keeping children and their parents...happy !





Kids' Club, the perfect place to meet others, play games and discover new activities. From 6 to 12 years of age.

KIDS CLUB

-  Resort Centre
-  From Monday to Friday
From 10.00am to 12.00pm and
from 2.00pm to 5.00pm
-  Free. Sign up is required the day
before.
-  04 79 09 77 33
info.montalbert@la-plagne.com
www.montalbert.com

*Come and meet our equine friends, as they take you out on a ride through a forest of hidden treasures!
Non accompanied ride*

PONEY OR DONKEY RIDE LE FORPERET

-  Montalbert 1600
-  Every day
-  - 1/2 hour : 11€
- 1 hour: 16€
- 1/2 day: 40€
- 1 day: 58€
-  04 79 55 51 27

Come and discover all the animals at the mini-farm: calves, cows, pigs, poultry and many more!

MINI FARM LE FORPERET

-  Montalbert 1600
-  Unguided visit 3€/person
Free for Forperet customers
-  04 79 55 51 27

MOUNTAIN SENSATIONS



Pedestrian trails

Various rambling routes, with a total length of around one hundred kilometres, start at the village of Montalbert. You'll love our themed trails, including the Bief Bovet trail, the Biodiversity trail and the latest addition to the group, the Alpine Farmers trail, which recounts the life of shepherds of days gone by. In La Plagne Montalbert, there are two trails especially designed for families:

- THE ENCHANTED PASTURES TRAIL, which welcomes you to a world of dreams, fun and enchantment.

All along the trail, you'll find weird and wonderful characters, as well as signs telling you all about the amazing tales and legends of the mountains.

- THE BIODIVERSITY TRAIL, learn as you play! The educational biodiversity trail is a fun way to learn about the variety of species living all around us, as well as their role in the food chain and their fragility.

Whether on your own, as a couple or with your family, treat yourself to a nature getaway!

A GOOD IDEA !
Pick up a free plan of the
pedestrian trails from your
Tourist Office.



Mountain Guide Office

Composed solely of professionals, (state patent) passionate about our business, we organize our activities by adapting better to your expectations and your skills. Practice of the mountain, in good humor, having always in mind the worries of your safety.

 Maison de Montalbert

 From Sunday to Friday, from 3.30pm to 7.00pm.

 See activities opposite.

 04 79 09 63 94
06 07 88 54 12
montalbertguides@gmail.com
www.guidesmontalbert.com

Hiking

Prices:
1/2 day for kid : 12€
1/2 day for adult : 15€
Day for kid : 20€
Day for adult : 25€

Climbing

Prices:
3hours : 40€ (From 6 years of age)
Family price (From 2 people.) : 35€

Via Ferrata

Prices:
Via Ferrata des Bédières ou Rosière (1/2 day) : 61€ (Family : 50€)
Via Ferrata du Rocher du Vent ou Cochet (1 Day) : 80€
Via Ferrata des Bourtes (La Plagne) (1/2 day) : 60€ (Family : 50€)
Other Via Ferrata, contact Guide Office.

Glacier hikes and alpinism

Prices:
Rheme Golette or Chapieux (1 day)
76€ (Family : 66€)
Skyway Vallée Blanche (1 day)
80€ (Family: 75€) Careful: ticket for the Skyway : 50€)

Canyoning

Prices:
Canyon initiation (1/2 day): 56€ (Family: 48€)
Canyon Improvement 1 (1/2 day - Pussy-Benetan): 58€
Canyon Improvement 2 (1 Day - Montmin): 65€
Canyon Improvement 3 (1Day - Italy): on demand

VTT / VTT-E


Guided rides
See each week program.
Prices:
- 3hrs : 25€ / pers. (coaching only)
4 pers. minimum.

Nordic Walking

Nordic walking is known and renowned for its benefits at any age! Around Plagne Montalbert, you can discover or perfect the techniques of Nordic walking in an exceptional mountain setting !

YETI NORDIC WALKING ADMONTAGNES

 In front of Maison de Montalbert

On wednesday
 Introduction course:
From 9.30am to 11.30am
Improvement course:
from 2.00pm to 4.00pm

 Single price 18€ 1/2 day

 06 81 89 68 55
arno@admontagnes.com
www.admontagnes.com



Maison de la Randonnée en Vanoise

The mountain guides from the Maison de la Randonnée en Vanoise love nature and the mountains. Join them for a well-organised hike with all the back-up you need and discover new itineraries.

 In front of Maison de Montalbert

 On demand

 See activities opposite

 06 87 92 67 77
contact@rando-montagne.fr
www.rando-montagne.fr

Special mountain walk "Terrain d'Aventure"

Prices: 65€/pers.
Family or friends prices :
3 for the price of 2
Group prices on demand.

Discover local edible and medicinal plants

Prices: 25€/pers.
Family or friends prices :
3 for the price of 2
Group prices on demand.

Initiation to astronomy

Prices: 25€/pers.
Family or friends prices :
3 for the price of 2
Group prices on demand.

ACTIVITIES



Club des Champions

Pascal offers different activities for little or big children, just for fun



Kindergarten



Open daily from 3.00pm to 7.00pm
On demand in the morning



See activities opposite



06 13 01 80 93

Accro Benji

Price: 6,5€

Trampoline

Prices:

- Baby: 2€ for 10min
- Kids: 3€ for 15min

Mini Golf

Prices:

- Baby course: 2€
- Kids course: 3€
- Adult course: 4€

Tubby

Big inflatable buoy on a sliding track

Prices:

- 3€ for 10min
- 4€ for 20min

Mountainboard

Special board with mountain wheels

Prices:

- 10€ introduction 20min
- 15€ intro ride 1h (3km)
- 20€ Fun ride 1h30 (8km)
- 99€ 5 days stage (2h/day)

Pass et Stages

- Champion package (all activities during 2 hours): 25€
- Champion stage (all activities during 2 hours for 5 days): 99€

- Sensation package (3 activities): 15€
- Family package (Preloaded card): 50€
- "Plagne Access" special package: 25€

Ski d'été à Tignes

Prices:

- 1 day : 120€ adults
- 99€ kids

Archery

Archery is a sport of precision. For any budding archers out there, kids or adults, Bruno offers archery courses with tournaments taking place at the end of the week. From 7 years of age.

BRUNO BELISSARD



Start of the Cable Car



On demand.



- 1/2 hour: 7€
- 1hour course : 12€
- 3 x 1hour course: 30€
- Adult tournament: 9€
- Kids tournament: 7€



06 70 93 59 17



ACTIVITIES



Déval'kart

Behind the wheel of a non-motorised go-kart, negotiate your way down the specially designed pistes at your own pace. Safety equipment provided.

TOURIST OFFICE



Start of the ski lift



Monday / Tuesday / Thursday / Friday
From 3.00pm to 6.00pm



- 1 descent: 3€
- 4 descents: 10€
- From 10 years of age.
- Min. height 1,30m



04 79 09 77 33
info.montalbert@la-plagne.com
www.montalbert.com

Hiking with dogs

Children and adults are connected to the dogs using a simple piece of rope (about 1.5m in length) and a padded belt. The dogs are fitted with working harnesses.

From 6 years old with adult, 8 years old if unaccompanied child

HORS TRACE AVENTURE



Start of the cable car



On demand. Day outing, bring your picnic



- Adult = 40€ (from 12 yrs old)
- Kid = 28€ (from 6 to 12 yrs old)
- Family price :
2 ad+2 kids (-12 yrs old) = 130€



04 79 24 22 15
06 34 45 53 15
mathias.bernal@hotmail.fr
www.horstraceaventure.fr

ACTIVITIES



Paragliding

Once you are in the air, your instructor will settle you comfortably and you will have a panoramic view of the whole of the Alps.

Paradifly

- La Plagne Resort & valley
- Every day, reservation only
- From 80€
- Groups, children (contact us)
- Contact : +33 783 783 790
contact@paradifly.com
www.paradifly.com

Discover the magical moment when your feet leave the ground !

Fly in paradise

- La Plagne Resort & Valley
- Everyday on demand
- From 80€
- Groups, children (contact us)
- Contact : 06 63 71 59 78
donald7502@yahoo.fr
www.fly-in-paradise.fr

Take a great leap to feel « free as a bird », quite safely with an experienced pilot.

Francraft

- Centron leisure lake
- Everyday, reservation only.
- From 50€
- Groups, children (contact us)
- Contact : 04 79 55 63 55
info@francraft.com
www.francraft.com

Appreciate the 360° view of superb landscapes. No previous experience required.

AN-Rafting

- Macot - Z.A
- Everyday, reservation only.
- From 50€ to 89€
- Groups, children (contact us)
- Contact : 04 79 09 72 79
an-rafting@an-rafting.com
www.an-rafting.com

White Water

Rafting, hydrospeed, canoe-raft and airboat with Francraft on the Isère river.

Francraft

- Centron leisure lake
- Everyday, reservation only.
- From 50€
- Groups, children (contact us)
- Contact : 04 79 55 63 55
info@francraft.com
www.francraft.com

Try kayaking with friends or family on white water or calm water. Kayak and stand up paddle rental.

La Plagne eaux-vives

- Versants d'Aime leisure lake
- July & August, every afternoon
- From 6€ kayak or paddle rental
- From 15€ kayak ou paddle initiation
- Groups, children (contact us)
- Contact : + 33 7 70 18 70 12
contact@laplagne-eauxvives.org
www.laplagne-eauxvives.org

Raft in Action

Contact : 06 63 08 30 16



ACTIVITIES

Essaonia - Rafting Spirit can take you off to discover the Tarentaise valley with an oar in your hand : thrills & great memories guaranteed !

Essaonia - Esprit Rafting

- Centron leisure lake
- Every day, reservation only
- From 53€
- Groups, children (contact us)
- Contact : + 33 6 63 08 30 16
contact@essaonia.com
www.essaonia.net

An-rafting invites you to discover a full range of descents on the upper section of the isère river : rafting, hydrospeed, hotdog or even a combination !

An Rafting

Rêve d'eau proposes white water activities on the upper Isère, accessible for all sporting levels.

Rêve d'eau

- Versants d'Aime leisure lake
- everyday, reservation only
- From 36€
- Groups, children (contact us)
- Contact : +33 6 87 83 46 79
info@revedeau-rafting.com
www.revedeau-rafting.com

Macot - Z.A

- Every day, reservation only
- From 50€ to 89€
- Groups, children (contact us)
- Contact : +33 4 79 09 72 79
an-rafting@an-rafting.com
www.an-rafting.com



Les Versants d'Aime Leisure Lake

Les Versants d'Aime leisure lake in Le Gothard has games for children, ping-pong tables, multi-sports courts and picnic areas with barbecues. You can get there on foot, roller skates or bikes along the cycle path that leaves from Aime and runs alongside the Isère river. The beach area is supervised by lifeguards in the afternoon in July and August.

By car : going towards Bourg Saint Maurice, take the exit at Le Gothard.

Acrobungy

Acrobungy are elastics on trampolines suspended at about 8 meters height. Guaranteed sensations ! Accessible from 15 kg.

Les Tramos de Macot

• Versants d'Aime Leisure lake

• Every day in July and August from 10:30 to 12:30am & 2.00 to 6:30pm

Interseason only on Wednesday & week-ends from 2:00 to 6:30pm

• From 6€

Contact : +33 6 87 22 46 90
 📞 Les tramos de macot

Parcours aventure

Courses for children (minimum age 4 - continuous safety line) or adults in a fresh and adventurous environment with a 130m zip wire going over the Isère river on the adult course.

Natur'Accro

• Versants d'Aime leisure lake

• Every day in July and August from 1:30 to 6:30pm.

Interseason only on week-ends or on reservation pour le parcours adulte

• From 10€

Contact : +33 7 61 05 12 03
 stephane.rey6@bbox.fr
 📞 natur'accro

Aquabulles

Walk on the water with the aquabulle ! From 4 years old.

FH Events

• Versants d'Aime leisure lake

• From 6th July to 30th August, every day 11:00 - 12:30 am. & 2:00 - 6:00 pm, Saturday from 2:00pm., closed due to bad weather

• From 6€, Groupe reservation only

Contact : +33 6 59 10 10 52
 or +33 6 67 72 70 48
 📞 Bullevents

Les Versants d'Aime Leisure Lake

Pedalokid

Pedalokids on the lake of leisure Center «Les Versants d'Aime» from 4 years old.

FH Events

• Versants d'Aime leisure lake

• From 6th July to 30th August, from Sunday to Friday 11h-12h30 & 2h-6h pm., closed due to bad weather

• From 6€, Groupe reservation only

Contact : +33 6 59 10 10 52
 or +33 6 67 72 70 48
 📞 Bullevents

Xtrem' Jump

3 or 5 meters, choose your Xtrem-jump ! From 6 years old.

FH Events

• Versants d'Aime leisure lake

• From 6th July to 30th August, every day 2-6:30 pm, closed due to bad weather

• From 6€, Groupe reservation only

Contact : +33 6 59 10 10 52
 or +33 6 67 72 70 48
 📞 Bullevents



Centron Leisure Lake

Picnic area, playground, basket ball court, boules court and a snack-bar around the lake. Fans of white water sports or fishing, there is something to please everyone : towards Moutiers, Centron exit. Bathing prohibited.

Scuba diving

An unforgettable experience ! In a natural environment from the age of 8 with adapted equipment & also training, refresher or simply exploration.

Plongeurs d'eau douce

• Centron leisure lake

• Every day, reservation only

• From 35€

Contact : +33 6 24 79 72 84
 nathaliesicre@yahoo.fr
 📞 Plongeurs d'eau douce

Fishing

Savoiefishing.com

Contact : +33 6 31 32 52 30



MTB / E-MTB

MTB & E-MTB trails

Climb up the mountains to appreciate the headiness of speeding down through the pastures and along the pathways.

Explore our signposted trails, each with varying difficulties, and enjoy your favourite activity at a pace that suits your skill level.

Use the shuttle buses (Montalbert shuttles and Bus Plagne Access shuttles) or the lifts to explore the vast area around La Plagne, where the stunning scenery and elevation gains are waiting to quite literally take your breath away!

You will also find some training areas with various exercises (jumps, seesaws, obstacles, etc.), enabling you to move at your own pace and get the most out of your mountain bike.

A GOOD IDEA !

Pick up a free plan of the MTB and E-MTB trails from your Tourist Office.



NEW THIS SUMMER!

One of the top e-mountain bike destinations, La Plagne has innovated by inventing E-spots: areas to play in with a variety of terrain (raised turns, small moguls, etc.)

They allow you to enjoy the full capacity of electric mountain bikes and have fun going uphill as well as downhill.

2 E-Spots have been created in the Montalbert sector!
(see plan)

MTB / E-MTB

MTB / E-MTB rental

Skimium Shop

In front of Maison de Montalbert

• From July 6th to August 30th, from Monday to Friday from 9.00am to 12.00pm & 1.30pm to 6.00pm

Adult MTB :
20€ 1/2 day - 25€ 1 day
Kids MTB:
12€ 1/2 day - 15€ 1 day
Adult MTB with double suspension :
35€ 1/2 day - 50€ day
E-MTB:
35€ 1/2 day - 65€ day
Hemets provided.

04 79 09 78 09



TRAIL

Trail itineraries

Divided into 18 permanent itineraries, including two straight climbs, the trails cross different types of terrain that are perfect for learning, improving or training in an exceptional environment. If lush forests, flower-filled pastures and majestic mountain peaks appeal to you, come and discover La Plagne's trail running area right now!

Four routes dedicated to trail running have been made around the Montalbert resort, with various levels of difficulty.

There are also other routes available at the La Plagne resort.

A GOOD IDEA !

Pick up a free plan of the MTB and E-MTB trails from your Tourist Office.

SkiSet Shop - Les Etoiles du Sport

Montalbert main street

• From July 6th to August 30th

On demand

04 79 09 83 88

LIFTS



LA PLAGNE RATES

Duration	From 13 yrs	5 to 12 yrs inclusive	under 5 yrs
1 day pedestrian/biker (without Glacier for bikers)	15.00€	12.00€	free
1 day (with Glacier for pedestrian only)	20.00€	16.00€	free
Week (with Glacier for pedestrian only)	40.00€	32.00€	free
Season (without Glacier for bikers)	90.00€	72.00€	free
Single price (5 yrs and over)			
1 pass for la Plagne (without Glacier)	6.00€		
One way for Vanoise-Express	8.00€		
One way and return for Vanoise-Express	14.00€		

MONTALBERT CABLE CAR OPENING

PERIOD OPENING	M	T	W	T	F	S	S	TIMES
08/07 > 30/08								9.am > 12.15pm / 1.30pm > 5.40pm

PARADISKI RATES

Duration	From 13 yrs	5 to 12 yrs inclusive	under 5 yrs
1 day "Extension"	15.00€	12.00€	free
Season	165.00€	132.00€	free

Pass Office

LA PLAGNE MONTALBERT TOURIST OFFICE
 Open from Monday to Friday from 9.00am to 12.30pm and from 1.30pm to 6.30pm and from 9.00am to 12.00pm and 2.00pm to 6.30pm on Saturdays and Sundays.

04 79 09 77 33
 info.montalbert@la-plagne.com
www.la-plagne.com

WELLNESS



L'Empreinte de Soi Home Physiotherapy treatments

Physiotherapist specialising in Reflexology, Energy and Fitness treatments, treating acute, chronic and traumatic pain or muscle tensions linked to stress/fatigue using unblocking, recovery and general relaxation techniques.

L'EMPREINTE DE SOI

- At home
- Every day by appointment
- 06 30 59 68 83

WELLNESS CENTER

Aqua-relaxation area with sauna, hammam and jacuzzis
 Pass' Relaxation Family for people over 14 accompanied by a parent

WELLNESS AREA BY mmv

- Residence les Sittelles
- By appointment
- 04 79 55 74 74





Heritage

Montgésin Chapel

Built in 1658 in the heart of Montgésin. Open daily and guided tour on booking (Association of Longefoy Heritage +33 (0)6 75 10 37 73. Free participation.

Watermill

Located at the entrance of the village on the Bief Bovet stream, the watermill used to grind grain and cereal, as well as apples. Once upon a time, there were as many as 7 mills operating thanks to the stream.

Bread Oven

Dates to 1749. In 1972, the Longefoy Events Committee began to use the oven several times a year and in particular for the bread festival traditionally held at the end of July tantalising the taste buds of visitors with different types of traditionally baked breads and the area's famous "Crinchins" (aniseed-flavoured brioches).

Superga Chapel

Standing atop a small hill, this chapel, visible from the valley below, is worth a visit and the small detour to reach it. A themed trail tells you all about the history of this small chapel.

Milking and making Tomme cheese the traditional way.

In front of his mountain restaurant "Le Forperet", Roland will explain and demonstrate the different stages of making Tomme cheese in the traditional way and how to milk the cows by hand. Ask your Tourist Office for days and times.

Heritage in the valley

The valley, particularly the town of Aime, has a rich history, highlighted nowadays by its exceptional heritage: chapels, the basilica, museums, etc.

Take the time to discover this history as you walk around or join a guided tour (information from the Valley Tourist Office in Aime).



Ask at the Tourist Office or in local shops for the
WEEKS' EVENTS' PROGRAM
when you arrive.

Welcome drink

Every Sunday at 6pm, the entertainment team and activity organisers present the resort, as well as the events and activities of the coming week.

A friendly gathering that you just cannot miss!

Weekly event

Cinema, shows, pétanque tournaments, wooden board games, face painting, cultural visits, sports tournaments, barbecues, music workshops and more. The entire week is a moment of friendship and exchange.



WEEKLY MEETING !

Every tuesday night :
BBQ PARTY

The event you must not miss during your holiday week in Montalbert !
The entertainment team takes care of the barbecue - all you've got to do is bring the meat! Free drink and music.



Le Festoche des Mioches

from July 15th to 19th 2019

Your children will be the guests of honour all this week in Montalbert! Magic workshops, woodworking, games library, cabinetmaking, shows and plenty of surprises for all on the programme of this free, original festival!

Tour de France in Longefoy

July 27th 2019

"The big loop" crosses the region one more time. On the way to Val Thorens, the runners will climb Longefoy's hill. Then all the village will be waiting to encourage them.

6000D: 30 years !

July 28th 2019

30th edition of this legendary race that was the first of its kind. The 6000D remains a challenge for most trail runners, taking competitors along the course that has made it famous, climbing to the peak of Bellecôte Glacier at 3250m, before coming right back down to the valley (670m).

Come and cheer on the runners from 6.am in Montalbert street.

Dolce Vita Week

From July 29th to August 2nd 2019

It's holiday time! Put your bags down and relax, we'll take care of the rest! Qi Gong lessons and sophrology sessions to keep you healthy, Crossfit lessons to keep you fit, Jacuzzis and a cocktail bar to relax. Your batteries will be recharged for the rest of the year!

Montgésin Chapel Festival

August 5th 2019

The day is dedicated to honouring the Notre Dame des Neiges chapel. On the agenda: Mass at 11am, aperitif (free) and bring-your-own picnic, followed by a show in the Chapel

La Prajourdane

August 7th 2019

The race is open to all runners and hikers. Altitude gain of 650 m, from 1,350 m to 2,000 m. The event takes place in a friendly, relaxed atmosphere and ends with an aperitif and a «Polenta Party» among the Alpine pastures. Sign up at the Tourist Office.



Bread Festival

From 9th to 11th August 2019

The village of Longefoy winds back the clock with its traditional summer festival. During the three-day «bread festival», you'll discover traditional-style bread and «crinchin» (a traditional, local brioche with an aniseed flavour), cooked in the village's old bakery.

Fest'E-Bike

From 13th to 15th August 2019

Electric mountain biking is one of the most attractive activity in La Plagne area...and here comes its Festival !

For the second time, you can try several electric devices to discover the mountain as you've never seen it !

Program: free tests, guided tours, entertainment, music show and fireworks.



TOURIST OFFICE SUBSCRIBERS DIRECTORY



Accommodation

ESTATE AGENCY

Agence Eneo Immobilier	04 79 01 02 03
Agence Ski et Soleil	04 79 55 70 80

HOLIDAY CLUB VILLAGES

Hôtel Club MMV Les Sittelles	04 79 55 74 74
Touristra La Lauzière	04 79 55 57 25
Village Cap Vacances	04 79 55 30 23
Village Vacances Jean Franco	04 79 55 72 00
VTF-Le Dou de la Ramaz	04 79 09 73 47

HOTEL DESK & HOLIDAY FLATS

Hôtel L'Adray	04 79 09 77 11
Hôtel L'Aigle Rouge	04 79 06 19 42
La Marmottane	04 79 55 70 00
Ancienne Ecole de Montvilliers	04 79 09 75 43

Businesses

RESTAURANTS/BARS/PUBS

Le 360 (altitude)	09 88 66 50 79
Le Forperet (altitude)	04 79 55 51 27
Le White Bear	09 52 18 45 55
Les 2 Zèbres	09 81 90 91 56

BUSINESSES

Laverie-Location de linge	06 22 70 11 39
Supérette 8 à Huit	04 79 55 51 96
Tabac Presse	04 79 09 75 07

SPORT SHOPS

Intersport	04 79 09 78 28
Skimium	04 79 09 78 09
Skiset	04 79 09 83 88
Sport 2000	04 79 55 56 56

BUSINESSES IN LONGEFOY

Restaurant/Bar L'Adray	04 79 09 77 11
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Craftmens

JOINERY

Aout Bois Agencement	06 75 61 43 84
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Useful Information

TOURIST OFFICE

Open from Monday to Friday
from 9.00am to 12.30pm & from 1.30pm to 6.30pm and from 9.00am to 12.00pm and 2.00pm to 6.30pm on Saturdays and Sundays.

CAMPING VAN SERVICE

Open all year for emptying and supply of drinking water (100L) and electricity (1 hour). Change machine €2/recharge.

ATM

At Maison de Montalbert, next to the White Bear bar/pub. 24hrs/24hrs.

LAUNDRETTE

€6/machine (washing powder provided), €3drier.

PHYSIOTHERAPISTS

Nathalie Kempinaire	06 30 59 68 83
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JANITORIAL SERVICES

06 22 70 11 39



Transports

TRAIN

Aime La Plagne (10km) train station.	36 35
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AIRPORTS

Genève (186km)	+33(0)41 227 17 11
Lyon St Exupéry (184km)	0 826 80 08 26
Grenoble (180km)	04 79 65 48 48

ROAD NETWORKS

0 800 100 200
A43 motorway to Albertville. Fast 4-lane motorway to Moûtiers. RN90 to Aime
GPS: Programme via Aime. Longitude: 6.6334965 - Latitude: 45.5344696

TAXI

Legroux	06 09 38 73 82
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SHUTTLES

Transports Loyet	04 79 55 64 76
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Emergency numbers

Police	17
Fire Services	18
Paramedics	15
From a mobile	112
HOSPITALS (25km)	
Bourg St Maurice	04 79 41 79 79
Moûtiers Medical Center	04 79 09 61 66

SHUTTLES



Montalbert/Train Station Bus Service

Buses run from 06/07 to 30/08/2019 on
Saturdays and Sundays.

They stop at Montalbert station, les Sittelles, le
Chanteloup, la Lauzière and Montalbert 1600
with the Cap Vacances, Jean Franco and Dou de
la Ramaz holiday centres.

Contact the Tourist Office for further information.

LES INFORMATIONS INDIQUEES DANS CE GUIDE (HORAIRES, TARIFS ...) SONT DONNEES A TITRE INDICATIF ET SONT SUSCEPTIBLES D'ETRE MODIFIEES.

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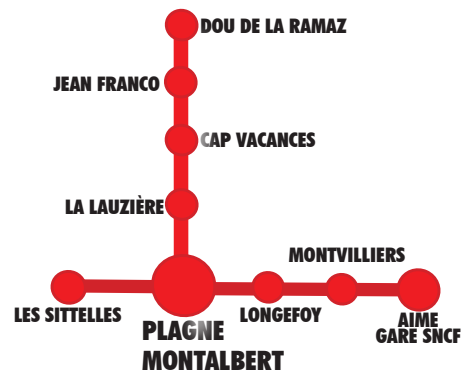
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Montalbert - Juin 2019

Free Resort Shuttle

Free shuttles runs from July 8th to August 30th
between Aime and Montalbert 1600.

Timetable available at the Tourist Office.



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