

# Unforgettable\*

ÉTÉ 2020 SUMMER 2020



**\*VENEZ VIVRE DES MOMENTS INOUBLIABLES**

VALLÉE | CHAMPAGNY EN VANOISE | MONTALBERT | MONTCHAVIN-LES COCHES  
PLAGNE 1800 | PLAGNE CENTRE | PLAGNE BELLECÔTE  
PLAGNE VILLAGES | PLAGNE SOLEIL | PLAGNE AÏME 2000 | BELLE PLAGNE



## CHAMPAGNY EN VANOISE

The guide of your holidays  
summer 2020



# Unforgettable





# Le futur s'ouvre à vous dès maintenant.



**5 ANS** GARANTIE KILOMÉTRAGE  
**ILLIMITÉ** \*

**8 ANS** GARANTIE BATTERIE \*\*



Consommation cycle mixte de la gamme NEXO (kg d'hydrogène/100 km) : 0,95 / Émissions CO<sub>2</sub> (g/km) : 0. Consommation cycle mixte de la gamme KONA electric (kWh/100 km) : 15,0 - 15,4 / Émissions CO<sub>2</sub> (g/km) : 0. Consommation cycle mixte de la gamme IONIQ hybrid (l/100 km) : 3,4 - 4,2 / Émissions CO<sub>2</sub> (g/km) : 79. \*La garantie 5 ans kilométrage illimité de Hyundai s'applique uniquement aux véhicules Hyundai vendus initialement par un Distributeur Agréé officiel Hyundai à un client final, conformément aux termes et conditions du carnet de Garantie Entretien & Assistance du véhicule. \*\*Les batteries haute tension de nos véhicules hybrides, hybrides rechargeables et électriques sont couvertes par une garantie de 8 ans ou 200 000 km. Détails : hyundai.fr. Just Drive ! : Conduire, l'esprit libre !

**JeanLain**  
Just Drive !

CHAMBERY | ALBERTVILLE | ECHIROLLES  
SEYNOD | VILLE LA GRAND

04 201 01 201  
WWW.JEANLAIN.COM

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## La Plagne thanks its partners

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PuyduFou.

BANQUE POPULAIRE  
AUVERGNE RHÔNE ALPES







WELCOME

It's time  
to breathe!

**Finally, you can let go, take a deep breath and go off walking wherever you want.**

Which leaves you free to explore the huge garden that is opening up before your eyes.

The time has finally come when you can enjoy your holidays here in La Plagne: your natural source of oxygen and energy.

We are pleased to welcome you and to share our landscapes and our activities and events that comply with the requirements for your health and safety. All our staff and tourism professionals are delighted to accompany you throughout your holiday, to make your stay an unforgettable moment in a year that will certainly be just as unforgettable.

## WELCOME & INFORMATION



# La Plagne Tourist Office Champagny en Vanoise



Le Centre  
Champagny en Vanoise



From 04/07 to 30/08: daily  
9am to 12.30pm / 2.30pm to 6.30pm  
On Friday opening at 9.30am

From 31/08 to 13/09:  
Monday to Thursday: 9am to 12pm /  
2pm to 6pm  
Friday: 9.30am to 12pm / 2pm to 6pm  
Saturday & Sunday: 9am to 12pm



+33 4 79 55 06 55  
info.champagny@la-plagne.com  
[www.champagny.com](http://www.champagny.com)

## TOURIST POINT INFORMATION



Le Laisonnay  
Champagny en Vanoise



From 05/07 to 30/08  
Sunday to Thursday:  
9.30am to 12.30pm / 2pm to 5.30pm  
Friday: 10am to 12.30pm / 2pm to  
5.30pm

Closed if weather conditions are bad

## Entertainment

From Monday to Friday, a special tent is  
dedicated to you for activities to do with  
family or friends (info p. 11)

## Our services

- Copy and scan services
- Loan of board games
- 30mn free wifi connection per day
- Lost and found...
- Boutique space

## Also...

- Sale of I.G.N card, walking leaflet
- Sale of lift passes
- Hippocket wifi box rental by the day or  
more: private high speed wifi network.

## At your disposal

- Weekly entertainment programme
- Plagne Access card
- Weather information
- IGN card, map of the starts for  
pedestrian paths, mountain bike routes
- Information screens to make sure you  
don't miss anything

## PARADISKI YUGE

Discover a wide variety of features: resort  
guide, weather conditions, personalized  
recommendations and much more!

The YUGE application:  
a 100% connected experience to  
download without delay.

## SOCIAL NETWORKS

Find us on social networks to follow our  
live video and not miss any pictures or  
resort information.

Share your memories of La Plagne.



Facebook Champagny en Vanoise



Twitter/Periscope : @LaPlagne



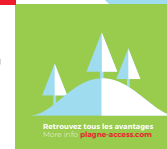
Instagram : la\_plagne



You tube : La Plagne TV



Cet été,  
on vous chouchoute !  
This summer we are going  
to take care of you!  
Appli à télécharger sur  
[la-plagne.com/app](http://la-plagne.com/app)





# Champagny en Vanoise your renewable energy...

A vast natural area,  
Champagny en  
Vanoise naturally  
stimulates your  
wellbeing and your  
vitality!

Unforgettable\*

## LIVE AT CHAMPAGNY

Free concerts at 9pm

**Thursday 30<sup>th</sup> July: Blackstage**  
Cover of Pop/Rock & Hard Rock songs  
📍 in the garden, near the church

**Thursday 06<sup>th</sup> August: Sabaly**  
Rock, funk and reggae songs with  
African influences  
📍 in the garden, near the church

**Thursday 13<sup>th</sup> August: Sugar Lady**  
Surprising and dynamic musical duo.  
French & international covers  
📍 Centre square

## OPEN-AIR CINEMA

Screenings of the new movie  
"Time of a Life" and discover  
the incredible & hectic world of  
the ibex!

📍 Football stadium  
Champagny Village

📅 22/07 & 5/08,  
moy at 9pm

🎟 Free

📞 +33 4 79 55 06 55  
info.champagny@la-plagne.com

## CLEARANCE SALE

24<sup>th</sup>, 25<sup>th</sup> & 26<sup>th</sup> July

## RAFT MARKET - REGIONAL PRODUCTS

Sunday 26<sup>th</sup> July

During this festive day, regional  
producers and craftsmen sell food,  
decorative and artistic objects.  
Clearance sale.

📍 Le Centre  
Champagny Village



## CONCERT OF CLASSIC MUSIC

Monday 17<sup>th</sup> August at 8.30pm

The Ensemble Improvisation La Grande  
Europe, internationally famous, is a  
cello and accordion duo. Interpretation  
of Beethoven, Dvorak, Bach, Vivaldi  
works

📍 S' Sigismond church  
Champagny Village

🎟 Free participation

## LIGHT FOOT TRAIL

Saturday 22<sup>nd</sup> & Sunday 23<sup>rd</sup>  
August

Projection, meeting and debate on the  
minimalist march.

A 12km trail, not timed, with Huarache  
type sandals or any other type of  
minimalist shoes to rediscover the  
sensations of totally free feet.

📍 Free Trail! Open to all.  
Registration recommended

📞 +33 6 20 98 69 15  
tarahumaraspirt.org



## Espace Glacialis

### VISIT OF THE ESPACE GLACIALIS

The theme of mountain glaciers is approached from several angles and the tools used are multiple (audiovisual, photographs, maps, models, objects). It is dedicated to mountain glaciers, their mechanism and life.

Le Bois  
Champagny le Haut <sup>(1)</sup>

20/06 to 05/07 & from 31/08 to 19/09:  
Saturday and Sunday, 10.30am to  
12.30pm & 2pm to 5.30pm

06/07 au 30/08 : daily except  
Saturday, 2pm to 6pm

19<sup>th</sup> & 20<sup>th</sup> September for the European  
Heritage Days, from 2pm to 6pm

+ 33 4 79 01 40 28  
[www.espaceglacialis.fr](http://www.espaceglacialis.fr)

### THE ECHO OF THE GLACIERS

*The glaciers will no longer hold any secrets for you thanks to the guided tour of the Espace Glacialis.*

09/07 to 27/08, every Thursday  
from 10am to 11.30am.  
Preceding registration at the tourist office  
or Espace Glacialis

4€ / adult 2€ / child (6 - 13 years old)  
Reduced rate: 3€ (student, unemployed)

Tourist office + 33 4 79 55 06 55  
Espace Glacialis + 33 4 79 01 40 28  
[www.champagny.com](http://www.champagny.com)

<sup>(1)</sup> Traffic restriction  
Information page 24

### GALERIE HYDRAULICA

Drawing its strength from the heart of the mountains, hydroelectricity has enabled an entire valley to enter modernity and develop: an exciting visit! Visits for young people & adventure.

Villard du Planay (8 km)

29/06 to 05/07 & from 01/09 to 13/09:  
every day except Saturday from 2pm to 6pm

06/07 to 28/08: every day except  
Saturday from 2pm to 6.30pm

Visit from: 3,50€/adulte  
2€/child (7 to 16 years old)

+ 33 4 79 22 19 68  
[www.galerie-hydraulica.com](http://www.galerie-hydraulica.com)

### FROM TORRENT TO CURRENT

With a guide visit the "Galerie Hydraulica" then the hydroelectric power station of Champagny-Balmandaz for an unusual discovery of its installations.

Villard du Planay (8 km)

16/07 to 20/08, every Tuesday and  
Thursday & 27/08, from 5pm to 7pm  
July: visit only on an outdoor circuit.

Guided tour Hydraulica + EDF power  
plant: 8€/pers. (minimum age: 12 years  
old) - Booking required

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[www.champagny.com](http://www.champagny.com)

## Visits with a guide

### new: CHAMPAGNY LE HAUT UNDER THE STARS

The guide invites you to discover in an original way the valley of Champagny-le-Haut and the heritage of the mountain inhabitants through fantastic stories!

Wednesday 15 & 22/07 - 5 & 12/08,  
from 8.30pm to 10pm.

5€/adult Free under 16 years old  
Booking at the tourist office at least the  
same day before 12pm (min. 5 pers).

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[www.champagny.com](http://www.champagny.com)

### ONCE UPON A TIME CHAMPAGNY VILLAGE

Guided walk around Champagny village to discover its secrets. Breaks at St Sigismond church with its «Pisa tower» bell tower and its remarkable baroque decor.

On Monday, from 13/07 to 24/08,  
from 5pm to 7pm.

5€/adult Free under 16 years old  
Booking at the tourist office at least the  
same day before 12pm (min. 5 pers).

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[www.champagny.com](http://www.champagny.com)



## Discovery

### S<sup>T</sup> SIGISMOND CHURCH

*An exuberant decor where a multitude of angels, all dressed in gold, give a foretaste of paradise... Baroque splendour*  
Discovery of the church during the visit of the village (see opposite)

Catholic worship: consult the church bulletin board.

Villard-Dessous  
Champagny Village

From 21/06 to 30/08: open daily  
(except Monday) from 3pm to 6.30pm  
19<sup>th</sup> & 20<sup>th</sup> September for the European  
Heritage Days, from 2pm to 6pm

Gratuit

Office de tourisme 04 79 55 06 55  
[info.champagny@la-plagne.com](mailto:info.champagny@la-plagne.com)  
[www.champagny.com](http://www.champagny.com)

### SHOW: A BAROQUE SURPRISE S<sup>T</sup> SIGISMOND CHURCH!

*A travel in time and space, thought and movement, with a theatrical and danced duet offbeat and poetic, a touch of sweet madness!*

Wednesday 29th July, 6.30pm.

10€/adult Free under 16 years old  
Tickets on sale at the Tourist Office

Tourist office + 33 4 79 55 06 55  
[info.champagny@la-plagne.com](mailto:info.champagny@la-plagne.com)  
[www.champagny.com](http://www.champagny.com)



## Art & culture

### CINEMA

A diversified program, in a room that can accommodate 170 moviegoers.

-  Le Centre  
Champagny Village
-  01/07 to 01/09: daily except Saturday  
Movies at 6pm, 9pm  
Also at 3pm in case of rain (min.  
5 pers.)
-  7,50€/adult 4€/- 14 years old  
60€/subscription card (10 tickets)  
6€/student (student card is required)
-  +33 9 67 26 12 73  
Program on:  
[www.champagny.com](http://www.champagny.com)

### Exhibition

"Behind the dam, the paths of water in Savoie": photo 2mx2m by the artist Sylvie Bonnot, presented as part of a tour of 24 photographs exhibited in Savoie.

-  La Couaz - dam  
Champagny le Haut
-  [www.fondation-facim.fr](http://www.fondation-facim.fr)

### CINEMA ABOUT MOUNTAIN

Screenings of films by Anne, Erik and Véronique LAPIED, mountain and animal documentary filmmakers.

-  village hall  
Champagny Village
-  19/08,  
movy at 6pm & 8.30pm
-  8€/adult 5,50€/14 years  
Free under 5 years
-  +33 4 79 55 06 55  
[info.champagny@la-plagne.com](mailto:info.champagny@la-plagne.com)

### Books

«LA-HAUT»: to discover the fauna of the Alps in a photo-book (172 pages)

-  39€. On sale at the Tourist office

**BERGER, DES LAVANDES AUX GLACIERS**: a journey to the heart of nature with the transhumance of the shepherd & his flock (120 pages)

-  28€. On sale at the Tourist office

### LIBRARY

Wide choice of books & magazines for all with regular purchases of newly published novels. Reading space and loan.

-  Ground floor of the village hall
-  Monday & Friday from 6pm to 7.30pm  
Wednesday from 10am to 11.30am
-  Free book loan.  
Deposit: 50€
-  +33 4 79 22 14 08

### BOXES OF BOOKS

By depositing or borrowing a book in a reading box, you give it a second life, while respecting the environment.

-  Ground floor of the village hall  
Town hall  
Tourist Office
-  Free

## Kids

### GAMES AREAS & PING-PONG

-  Espace loisirs - Champagny Village  
Camping Canada - Champagny le Haut
-  Free access

### JUNIOR EXPLORER CIRCUIT

Fun sports circuit for children aged 3 and over. Workshop about animals that live in the mountains.

-  Le Canada - Champagny le Haut  
(near the adventure circuit)
-  Free access

### SHOWS

-  Place du Centre  
Champagny Village
-  14<sup>th</sup> July to 25<sup>th</sup> August  
Every Tuesday at 6pm
-  Free

## For sporty kids...

**CLIMBING** -> see page 16

**ADVENTURE CIRCUIT & ZIP LINES**

-> see page 16

**CLIMBING TREES** -> see page 17

**HORSE RIDING** -> see page 20



### CREATIVE WORKSHOP "WEAVE YOUR HOLIDAY TREASURES"

Based on knots and weaving, come and create a hanging decoration using natural materials (wood, pebble, pine cone...).

-  Espace Glacialis  
Le Bois - Champagny le Haut
-  16/07 to 13/08 : every Thursday  
from 3pm to 4.30pm
-  10€/child (from 7 years)  
Registration at the latest the day  
before, before 6pm.
-  +33 4 79 55 06 55  
[info.champagny@la-plagne.com](mailto:info.champagny@la-plagne.com)  
[www.champagny.com](http://www.champagny.com)

### ENTERTAINMENT

The entertainment team meets you. The program: photo rally, orienteering, treasure hunt and DIY kit (do it yourself).

-  Place du Centre  
Champagny Village
-  From 06/07 to 28/08: from Monday  
to Friday
-  Free
-  +33 4 79 55 06 55  
[info.champagny@la-plagne.com](mailto:info.champagny@la-plagne.com)  
[www.champagny.com](http://www.champagny.com)



## Vanoise national Park

Located between the Tarentaise and Maurienne valleys, the Vanoise National Park was created in 1963 to fight against the disappearance of the ibex, it's the first French National Park. More than 600 km of marked trails (including 200 km on the territory of Champagny).

### VANOISE NATIONAL PARK IBEX

*They are called Dodue, Incroyable, Jasmin... and live in Vanoise. In 2018, the Vanoise National Park equipped 14 ibexes with G.P.S beacons to improve knowledge of this mountain lord. Log in and track their movements.*



<http://bouquetins.vanoise-parcnational.fr>

### GET TO KNOW THE PARK BETTER, MEET IN THE MOUNTAINS

*Meeting point with a guard at Plaisance, the refuge (access by foot only: 1h45 one way) Wildlife observation & extension in the evening with an animation "butterflies of night".*



30/07 & 13/08, from 4pm



Free (cancel if bad weather)

### THE SAGA OF THE MARMOTS

*Get to know marmots better? At a time when the sun is declining, a discovery walk in the heart of the Park with a mountain guide. Ideal activity for families.*



07/07 to 25/08: every Tuesday, from 5.30pm to 7.30pm



17€/pers. 8€/young (13 to 18 years)  
Free for children under 13 years old  
Limited number of places



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## Guided walks

### GOURMET ESCAPE FROM THE CELLAR TO THE MOUNTAIN PASTURES

*Visit the maturing cellar and then, in the village of Les Prioux (Pralognan), learn the know-how of how to make Beaufort "chalet d'alpage" before tasting it.*



Mondays 27/07, 17 & 24/08  
From 5.30pm to 7.30pm



11€ / adult  
5€ / child (3 to 15 years old)



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[www.champagny.com](http://www.champagny.com)

### HIKING WITH MOUNTAIN GUIDES

*Come and share the treasures of the Vanoise in 1/2 day, full day and/or at night on adapted itineraries. Venture off the beaten track and gain height on an accessible 3000m, in the heart of the Vanoise Park!*

*Experience an authentic evening in our mountains, with a meal in a refuge!*

### Bureau des Guides



1/2 day, on Monday (depending of the weather):  
25€/adult 18€/child (6 to 14 years)  
All the day, on Wednesday (depending of the weather):  
32€/adult 26€/child  
At night, with a meal:  
45€/adult 39€/child (- 13 years)  
Private group (10 pers. max.) : 200€/day



+ 33 6 86 86 01 58  
Hélène DUNAND

### Wings Events



Group outing (5 adults minimum) according to the week's program:  
Adult : 30/day, 25€/1/2 day  
Child (6 to 14 years old): 25€/day, 20€/1/2 day  
Trail outing (hiking race) initiation or improvement: 20€/2 hours  
Advanced level trail ride: 30€/3 hours  
Private group (8 pers. max.)  
220€/day 140€/1/2 day



+ 33 6 87 28 20 04  
Matthieu RONDOUIN  
[www.wings-outdoor.fr](http://www.wings-outdoor.fr)

## SENSATION MONTAGNE



### THE "NATIONAL PARK SPIRIT" DISCOVERY WALKS IN PARTNERSHIP WITH THE F.A.C.I.M. FOUNDATION

#### MATIN'ALPAGE

*Come and see the life of the mountain pastures at Pralognan la Vanoise and meet the farmers. Taste. 250m vertical drop. 2h45 round trip.*



Wednesdays 22/07, 5 & 12/08  
from 7am to 12pm



22€/adult  
11€/child (3 to 15 years)



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[www.champagny.com](http://www.champagny.com)

#### M. SYLVAIN'S GOATS

*Sylvain & Audrey welcome you to the mountain pasture at Pralognan la Vanoise, in the middle of their herd of goats at the time of milking. Height difference 200m ; 2h30 round trip.*



Wednesdays 22/07, 5 & 12/08  
from 2.30pm to 6.30pm



19€/adult  
10€/child (3 to 15 years)



+ 33 4 79 55 06 55  
[info.champagny@la-plagne.com](mailto:info.champagny@la-plagne.com)  
[www.champagny.com](http://www.champagny.com)



## MOUNTAIN FEELING



## Prepare your walks, hikes & trails

### CHAMPAGNY LE HAUT VALLEY

Gateway to the Vanoise, this site has been classified as a National Heritage Site since September 1992.

6 hamlets lie in this high valley, 5 km long, between 1450 m and 1580 m in altitude. Glaciers have left their mark on it.

### IGN CARD

1/30 000 IGN map with hiking trails leaving from Champagny en Vanoise

18,50€ - sale at the tourist office

### WALKS & HIKES LEAFLETS

16 different itineraries from Champagny village, the top of the gondola, Champagny le Haut valley and the Vanoise National Park

9€ - sale at the tourist office

### DISCOVERY BOOKLET ON THE CHAMPAGNY EN VANOISE GLACIERS

It explains the route created and marked (8 numbered markers) by the Vanoise National Park

5€ - sale at the tourist office

### Permanent trail running routes

La Plagne offers more than 160km of marked trails for the trail, divided into 18 permanent routes.

Starting from Champagny en Vanoise: 3 itineraries are available for runners, who enjoy walking the trails, discovering the landscapes and "harvesting" the difference in altitude.

1€ - sale at the tourist office

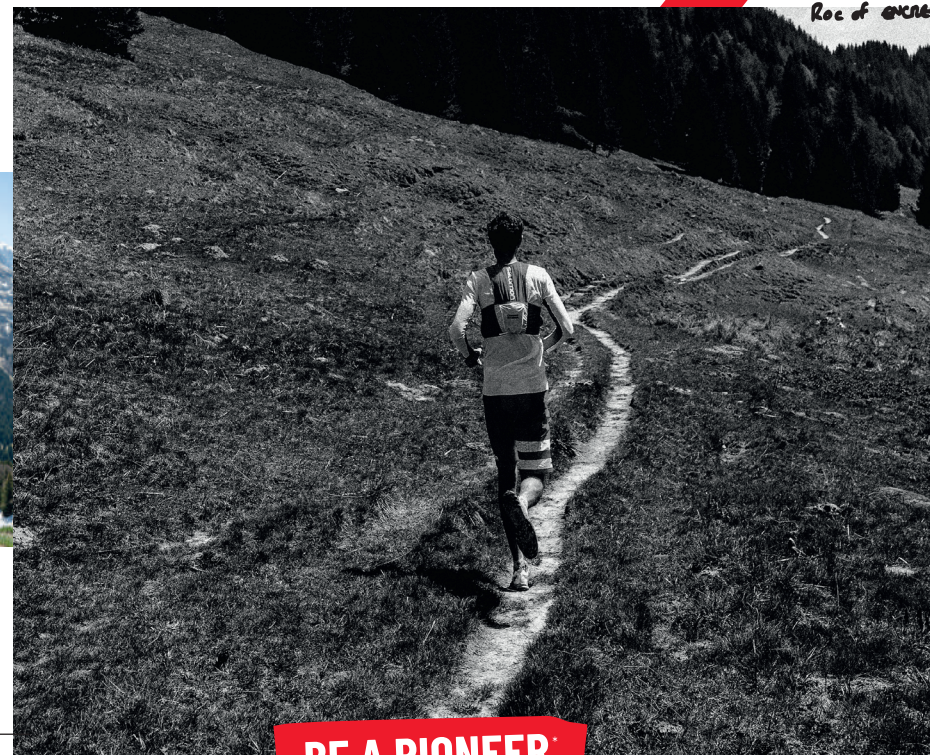
### Gear renting

- Hiking boots (3)
- High mountain pack (crampons, ice axes and harness) (1)(3)
- Crampons (1)(3)
- Harness (1)(2)(3)
- Via ferrata pack (helmet, safety straps, harness) (1)(2)(3)
- Baby carrier (1)(2)(3)
- Puschair (1)(3)
- Electric mountain bike (1)
- Mountain bike rental at Bozel (5km)

- (1) **Belvédère sports / Sport 2000**  
+ 33 4 79 55 05 45
- (2) **Intersport** + 33 4 79 55 07 36
- (3) **Ski shop Vanoise / Ski Set**  
+ 33 4 79 55 05 92

**CÉBÉ**  
PURE ADRENALINE

11:12 AM  
Roc d'Enchaiz



**BE A PIONEER:**

**#ULTIMATE TRACK**

CÉBÉ PARTENAIRE OFFICIEL DE



\* Etre pionnier. - Photos: Draz-photo.com

## VERTICAL SENSATION



## Vertical sensation

### CLIMBING

Champagny en Vanoise offers 3 climbing sites for children (Torchet climbing school), beginners or experienced climbers (La Grande Roche)



- Access: free - Free sketch at the tourist office

- Supervision by a guide:  
Individual course (1 to 2 people): 55€/h  
110€/2 consecutive hours  
Group course 2 hours adults or children (6 pers. max): 40€  
Training course for adults or children (max. 6 people): 3 x 2 hours: 110€



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[www.champagny.com](http://www.champagny.com)

+ 33 6 81 30 42 95  
Mountain guide office

### VIA FERRATA

2 sites in Champagny en Vanoise:

- "Plan du Bouc" with its 2 courses ridge and cliff (not very difficult to quite difficult), 800 to 900 m long.

- "Les Grosses Pierres" (extremely difficult), 200 m long.



- Access: free - Free sketch at the tourist office

- Supervision by a guide:  
60€/pers or 200€ per engagement (4 pers.) for "Plan du Bouc"  
140€ per engagement (1 person) for "les Grosses Pierres"  
Outings on the via ferrata of Pralognan, Courchevel...



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Mountain guide office

### ADVENTURE CIRCUIT & ZIP LINES

In Champagny le Haut, near the campsite le Canada.

- 2 adventure courses: a large course of 14 workshops including 2 zip lines & a child course of 7 workshops.

- Sensational course with climbing of the "Tower" (22m) & 2 zip lines (length 180m)



Adventure course:  
7 workshops (from 5 to 11 years old): 15€  
14 workshops (from 12 years old): 20€  
Zip lines (from 14 years old): 10€



+ 33 6 81 30 42 95  
+ 33 6 06 76 09 89  
Mountain guide office

## High mountain sensation

### ICE HIKING

To each one his route, from beginner routes to others that require a certain level of endurance:

Group outings for 3 to 6 people depending on the route.



from 120€/person or in private commitment from 340€/day (from 1 to 4 people).



+ 33 6 81 30 42 95  
Mountain guide office

### ROCK, SNOW AND ICE ROUTES OR MIXED ROUTES

You want to discover or improve your skills in climbing the most prestigious peaks of the Vanoise.



Rates vary according to the route



+ 33 6 81 30 42 95  
Mountain guide office

### Mountain Guide office

+ 33 6 81 30 42 95  
At Champagny le Haut  
Desk at the adventure circuit

## ORIGINAL THRILLS



## Original thrills

### PERCHED TASTING

Tasting of the products on a suspended table, comfortably installed between the branches.



August 4<sup>th</sup> & 6<sup>th</sup>  
From 11am to 12.30pm



10€ / person (maximum 5 pers.).  
From 8 years old

### TREE CLIMBING

Letting go and free the sleeping adventurer... Charlie, a professional climber, will show you climbing techniques.



Le Canada  
Champagny le Haut



5<sup>th</sup> August,  
from 10am to 12pm



10€/person (min. 3 pers - max. 8 pers.). From 8 years old.



+ 33 4 79 55 06 55  
info.champagny@la-plagne.com  
[www.champagny.com](http://www.champagny.com)

### PERCHED BOTANY

A sensory and instructive experience on observing and understanding trees



August 4<sup>th</sup> & 6<sup>th</sup>  
From 2pm to 3.30pm



10€ / person (maximum 5 pers.).  
From 8 years old



+ 33 4 79 55 06 55  
info.champagny@la-plagne.com  
[www.champagny.com](http://www.champagny.com)



## Gondola

In 10 minutes to reach 2000m on the south side of Champagny en Vanoise. To enjoy the panorama, or to join one of the high altitude restaurants....


### CHAMPAGNY EN VANOISE GONDOLA

 Open from July 1<sup>st</sup> to August 28<sup>th</sup>, daily except Saturday & Sunday: 9am to 12.45pm & 2pm to 5.40pm

### PEDESTRIAN ACCESS

 Champagny en Vanoise gondola lift, other lifts accessible from 2h15 of walking. Free: under 5 years old 6€/up (free descent)  
- 1 day La Plagne (with access to the glacier) 20€/pers. 16€/child (5 to 12 years old)  
- 1 day La Plagne (without access to the glacier) 15€/pers. 12€/child (5 to 12 years old)  
- La Plagne Week (7 consecutive days, with glacier access) 40€/pers. 32€/child (5 to 12 years old)  
- La Plagne season: 90€/pers. 72€ (5 to 12 years old)

### MOUNTAIN BIKERS ACCESS

 Prices are the same as for pedestrians (see above). No access to the glacier.


 Tickets on sale at the tourist office & at the gondola.  
+ 33 4 79 55 06 55  
[www.champagny.com](http://www.champagny.com)

## What to do at the top of the gondola

### WALKING

- **Chalet Les Verdons Sud** (info page 5\* «La Chapelle du Bozelet»): very easy itinerary on a wide path. Gourmet break on the panoramic terrace at Les Verdons Sud restaurant. Estimated walking time: 30mn

- **Plan du Bouc - Les Chapelets** (info page 5b\*): trail back down to the village of Champagny. Panoramic view and take-off area for paragliders. Estimated time: 3 hours including 45mn climbing. Elevation difference: + 240m -908m

 \* walking maps sell at the tourist office €9

### «E-VTT» ELECTRICALLY- ASSISTED BIKES

- **Les Alpagnes du Bozelet\*\***: itinerary that climbs gradually to Col de Forcle from where you can go down to La Plagne (6km return) or fork towards Bozelet chapel. Stunning views on the Vanoise glaciers. Return by the same route. Distance: 12km (round trip). Vertical difference: + & - 900m

### MOUNTAIN BIKING

- **Miolet Forest\*\***: from the top of the gondola, take the hiking trail immediately under the arrival, which zigzags down (a few sharp bends) into the Miolet forest. Join the forest track of Les Bois (slope crossing: steep).

**\*\* Mountain bike & VTT-E card: free & available at the tourist office.**

**\* The lifts are only accessible with a pass**

## Bike

Bicycle amateurs, Champagny en Vanoise offers you, throughout the Plagne, about twenty routes with specific signposting to enable you to practice your favourite activity at your own pace and according to your level.

### Our favorite

Itinerary of the 4 hamlets: easy and suitable for families. In Champagny le Haut, discover the architectural and typical richness of the hamlets but also enjoy remarkable views of the countless waterfalls and glaciers. Possibility to continue in the Vanoise National Park by a mountain pasture track.

Leaflet at your disposal at the Tourist office.  
Itinerary on the website [rando.vanoise.com](http://rando.vanoise.com)

### new: E-SPOT

Play area offering different terrain movements (raised bends, small bumps, etc.). Have fun testing all the features of electrically assisted mountain bikes. Accessible to all, it's THE novelty to try out with family or friends.

 Start at Champagny le Haut, Le Canada

### USEFUL:


- Bike washing area at the starting point of the gondola lift  
- E-VTT charging point at : the top of the gondola: Verdons Sud restaurant  
Champagny Village: Sherpa (Planay)  
Parc de la Vanoise: Refuge de la Glière  
- VTT-E & VTT rental(cf. page 14)



### new: OUTING SUPERVISED BY A DIPLOME MONITOR

#### MOUNTAIN TOUR

With Etienne, discover contemplative and sporting itineraries between mountain hamlets, pastures and snowy peaks. Discussion about the history, pastoralism, fauna and flora of the Vanoise massif.

 Every Tuesday, from 30/06 to 25/08, from 9am to 12.30pm including 30' to familiarize with the bike


 55€/person including supervision, VTAE rental & helmet. Reservation at the least on Monday before 5pm (maximum 8 persons).

 + 33 6 25 40 83 58 Etienne BUREL [etienneburel@hotmail.fr](mailto:etienneburel@hotmail.fr)  
+ 33 4 79 55 05 45 Belvédère Sport

#### GOURMET VALLEY TOUR

Discovery of a fun itinerary in the valley of Champagny le Haut in the colours of the end of the day. Followed by a Savoyard aperitif in one of the refuges of the valley. Discussion about the history, pastoralism, fauna and flora of the Vanoise massif.

 Every Tuesday, from 30/06 to 25/08 from 6pm to 8pm

 45€/person including supervision, VTAE rental, helmet & aperitif. Reservation at least on Monday before 5pm (maximum 10 people).

 + 33 6 25 40 83 58 Etienne BUREL [etienneburel@hotmail.fr](mailto:etienneburel@hotmail.fr)  
+ 33 4 79 55 05 45 Belvédère Sport



PEUGEOT  
CYCLES



PARTENAIRE OFFICIEL DE LA PLAGNE

## Creative & fun workshop

### WOOD CARVING

*Come and develop your creative competence by learning bas-relief*



From 6<sup>th</sup> July to 28<sup>th</sup> August  
9am to 12pm and/or 2pm to 5pm,  
from Tuesday to Friday



40€ / 1/2 day 80€ / day  
Material is provided.  
Possible from 11 years old



+ 33 6 24 05 11 00  
Claude VIAL  
vialclaud@yahoo.fr

## Activities

### HORSE RIDING: LE PETIT RANCH

*Horse riding with an instructor from 2 hours to all day. Private & group lessons. Ponies rental and introduction to ponies every morning (games, entertainment...) Activities supervised by a state-certified instructor.*



Le Bois  
Champagny le Haut



Horse riding 2 hours: from 45€  
Private tuition: 40€/hour  
Group course: 25€/hour

Pony rental: 13€/30mn 18€/hour  
5 bought ponies rides = 1 offered



+ 33 6 84 78 28 51  
+ 33 6 89 78 15 64

### HORSE RIDING: À HUE & À DIA



Le Canada  
Champagny le Haut

### LEISURE CENTRE

- City stadium (multi-activity stadium)
- Petanque ground
- "Street workout" area, a path between gymnastics and weight training
- Games for children



Espace loisirs  
Champagny Village



Free access

### New:

### WALK WITH DOG

*Mickaël proposes you a sportive walk of 2h30, harnessed to a dog. You will be provided with a hiking belt, a lanyard and a dog.*

*A fun activity to try!*



30€/adult 20€/child  
From 8 years old



+ 33 6 60 70 11 75  
generation.musher@gmail.com

### FISHING

*Savoie is a real fishing paradise, which will surely delight you and allow you to enjoy great fishing moments.*



Fishing permit (obligatory), on sale at the Tourist office  
From 14€/1-day permit:



+ 33 4 79 55 06 55  
info.champagny@la-plagne.com  
[www.champagny.com](http://www.champagny.com)

## ACTIVITIES



### AIR VANOISE PARAGLIDING

*Gain height for an exceptional view of the sky thanks to the tandem paraglider, accompanied by Antoine, a qualified pilot.*



Intermediate flight: 130€ / person  
Big flight (1h30): 200€/person  
Photos / video: 25€



+ 33 6 85 37 25 85  
Antoine MERCIER  
[www.air-vanoise.com](http://www.air-vanoise.com)

### ICE-RINK

*Created for the 1992 Olympics, the 30x60 metre ice rink welcomes you. After a day in the great outdoors, (re)discover the pleasures of sliding, skates on, in the footsteps of Surya Bonaly, vice-world champion!*



Le Cristal, centre sportif de la Vanoise  
Pralognan la Vanoise (10 km)



Contact the Tourist office for opening periods and timetables.



Entry + skate rental (from size 24):  
8€/adult 7€/child - 13 years old  
3,50€/child - 5 years old  
32€/5 entrances (personal card)



+ 33 4 79 08 74 88  
[www.pralognan.com](http://www.pralognan.com)

### PARAGLIDING



+ 33 6 60 38 00 36  
Bruno RUFFIER DES AIMES





## A feeling of well-being

### WELLNESS MESSAGES

*Relaxation, general well-being. A calming of body and mind, a connection between your mind and body...*

📍 Les Perrières  
Champagny Village

📅 Every day by appointment

💰 Californian massage : 60€/hour  
Back massage: 30€/ 1/2 hour  
Balinese massage : 30€/ 1/2 hour  
Foot reflexology: 60€/hour

📞 Cathy +33 6 78 01 03 77  
[www.massage-vanoise.com](http://www.massage-vanoise.com)

### Ô DES CIMES SPA & WELLNESS

*Body care and massages with the brand CODAGE and body massages from 6 years old with the brand BIO TOOTFRUIT (dedicated to the youngest). Tonic or relaxing wellness massage with the oil of your choice and various scents for a relaxation of 30, 60 or 90 minutes.*

📍 Résidence les Alpagnes - La Piat  
Champagny Village

📞 +33 4 79 22 21 20  
[alpagnes@cgh-residences.com](mailto:alpagnes@cgh-residences.com)

### HARMONY & WELL-BEING

*Wellness massage based on several techniques: shiatsu, Korean relaxation, Californian, foot reflexology, tai, Swedish, lympho-energy.*

📍 Espace loisirs Piscine-Spa  
Champagny Village

📅 Every day by appointment

💰 Comfort massage 1h: 70€  
Energy massage 1h30: 100€  
Learning workshop on wellness  
massage 2 hours: 120€ / 2 pers.

📞 Rollande RENAUD - Certified  
practitioner in touch techniques  
+33 6 87 55 66 22  
[harmonietbienetre@orange.fr](mailto:harmonietbienetre@orange.fr)

### SPA & BEAUTY CARES CLUB ALPINA

📞 +33 4 79 55 04 59

### NAIL CARE & EPHEMERAL TATTOOS

*Enter the colourful world of varnishes. Application of semi-permanent or classic varnishes and original creations, for a tattoo without risk for the skin..*

📍 Les Perrières  
Champagny Village

📅 Every day, by appointment

💰 30€ for the application of semi-permanent varnish  
30€ Brazilian pedicure or manicure  
From 6€ the tattoo

📞 +33 6 78 01 03 77  
Cathy Nails  
[www.massage-vanoise.com](http://www.massage-vanoise.com)

### YOGA

*(Re)discover the benefits of Yoga with Gaëlle your teacher.*

📍 Champagny Village - outdoor or village hall (if bad weather)

📅 06/07 to 24/08, every Monday  
from 6.30pm to 7.30 pm

💰 10€/adult (max. 9 pers.)  
Take your carpet or beach towel

📞 Booking by SMS +33 6 10 62 27 57  
indicating first name, surname & Champagny  
[www.soyogaellv.fr](http://www.soyogaellv.fr)



## Aquatic sensation

### SWIMMING-POOL

*Covered and heated swimming pool, with a separate two-part pool:*

*- a playful pool, of increasing depth for children and water games  
- two 25-metre water lines for swimmers*

*A paddling pool separated from the main pool allows the youngest to swim safely.*

📍 Espace loisirs  
Champagny Village

📅 19/06 to 03/07 & 31/08 to 15/09:  
every day from 2.30pm to 7.30pm

04/07 to 30/08:  
every day from 10am to 7.30pm

💰 Admission: 6,50€/adult  
5€/enfant (-14 years old)  
10 tickets card: 50€/adult  
Season pass: 60€/adult  
40€/child (-14 years old)  
Annual card: 110€/adult  
80€/child (-14 years old)

📞 +33 4 79 22 06 75

## Access - transports

### RAILWAY / RESORTS LINKS

Information [www.mobisavoie.fr](http://www.mobisavoie.fr) or  
+ 33 9 70 83 90 73 (not overtaxed).

Time sheets at the tourist office  
Champagny - Moûtiers (bus station /  
railway)

One way: 13,50€/pers  
11,50€/pers. under 26 years old

Return: 24,70€/pers

22,90€/pers. under 26 years old  
Champagny - Pralognan la Vanoise or  
Champagny - Bozel

4,10€/pers Return: 7,40€/pers  
3,60€/pers. under 26 years old

Champagny - Brides-les-Bains  
8,20€/pers. Return: 14,90€/pers  
7€/pers. under 26 years old

### TAXIS, MINIBUS, CARS

Dunand Vanoise Voyages  
+ 33 4 79 55 05 28 / + 33 6 11 40 52 53

### CAR RENTAL (Moûtiers 18km)

Avis + 33 4 79 24 01 55  
Europcar + 33 4 79 24 09 72  
Hertz + 33 4 79 24 07 75  
Lerat + 33 4 79 55 00 32

### AIRPORTS

Lyon St Exupéry (180km)  
+ 33 826 200 826  
Genève Cointrin (140km)  
+ 41 227 17 7 111  
Chambéry / Aix les Bains (100km)  
+ 33 4 79 54 49 66  
Grenoble Isère (174km)  
+ 33 4 76 65 48 48

### PETROL STATION 24H/24

- Bozel (5km)  
- Le Carrey (Courchevel crossroad, 8km)  
- Pralognan la Vanoise (10km)  
- Moûtiers (18km)

### GARAGES

**- Bozel (5 km):**  
Gerfaux/Picon + 33 4 79 55 03 31  
Grand Bec + 33 4 79 22 14 93  
Vanoise Automobile + 33 4 79 22 01 54  
**- Carrey (8km):**  
Grand Pont + 33 4 79 55 35 21  
**- Pralognan (10 km):**  
Garage de la Rossa + 33 4 79 08 73 28

### SERVICES

**Tourist office** + 33 4 79 55 06 55  
Facebook : Champagny en Vanoise

### ADMINISTRATIVE SERVICES

**Town hall** + 33 4 79 55 03 80  
Monday to Thursday: 8am-12pm & 2pm-6pm  
Friday: 8am-12pm & 2pm-5pm

**Post office** + 33 (0)4 79 55 02 79  
Monday to Thursday: 8am-12pm & 2pm-5pm  
Friday: 8am-12pm & 2pm-4.30pm  
Last post collected: Monday to Friday at 12pm

### BANKING SERVICES

**Cahspoint / ATM 24h/24**

Champagny: le Reclaz  
Bozel (5km)

**Banks (Bozel -5km) :**

- Crédit Agricole + 33 4 79 44 60 08  
- Banque de Savoie + 33 4 79 55 01 08

### EMERGENCY SERVICES

- Medical centre 24h/24 - Moûtiers (18km)  
+ 33 4 79 09 60 60  
- Albertville hospital (45km)  
+ 33 4 79 89 55 55  
- Medical emergencies (European call) 112  
- Deaf and hearing impaired emergency 114  
- Poison control centre in Lyon  
+ 33 4 72 11 69 11  
- Fire department 18  
- All night doctor 15  
- All night pharmacy 3237

### SECURITY

Police (Moûtiers, 18km) + 33 4 79 24 00 15

### INFORMATION

Mountain forecast + 33 8 99 71 02 73



### MEDICAL SERVICES

**- Medical centre**

Bozel (5km) D' DUPUY + 33 4 79 22 03 08  
D' PORTUGAL + 33 4 79 22 09 08  
Pralognan la Vanoise (10km)  
D' FRANCOZ + 33 4 79 08 75 61  
D' Maigné + 33 4 79 08 72 04

**- Dentists**

Bozel (5km) D' COTTEAUX + 33 4 79 06 51 42  
D' SOLVET GARREAU + 33 4 79 01 11 19  
Brides-les-Bains (12km)  
D' POMAGALSKI + 33 4 79 55 22 60

**- Nurses**

Mrs Maryse SOUVY + 33 6 12 73 61 90  
+ 33 4 79 55 05 10  
At Bozel (5km) + 33 4 79 22 03 12

**- Physiotherapists**

Bozel (5km) C. DILLENSIGER + 33 7 83 21 36 77  
DELAUP LOISEAU + 33 4 79 22 11 03

**- Pedicure - chiropodist** + 33 6 15 43 31 74

Viviane MESLIN, on appointment & home consultations.

**- Optician**

Bozel (5km) Bozel Optique + 33 4 79 41 95 12

**- Pharmacies**

- Bozel (5 km) + 33 4 79 22 19 20  
Monday to Saturday: 9am-12pm / 2pm-7pm  
- Pralognan (10 km) + 33 4 79 08 71 61  
July & August: Monday to Friday: 9am-12.30pm/3pm-7pm  
Saturday 9.30am-12.30pm/4pm-7pm &  
Sunday 10am-12.30pm / 5pm-7pm  
- Chemist on duty: see display at the tourist office or call 3237

### VETERINARIES CLINICS

Bozel (5 km) + 33 4 79 22 09 51  
La Perrière (9 km) + 33 4 79 41 95 36  
Moûtiers (18 km) + 33 4 79 24 01 76

**WORKS ON DEPARTMENTAL ROAD CHAMPAGNY VILLAGE <=> CHAMPAGNY LE HAUT**  
Work on the corbels of the Gorges de la Pontille. Alternate traffic till 3/07 & from 31/08  
Information provided for information only and updated daily on the website:  
<http://www.savoie-route.fr/fr/chantiers> - section RD 91B - Gorges de Champagny en Vanoise





## PRACTICAL

- **Press** (regional newspaper): SHERPA grocery

- **Laundry**: self-service at the residence "Alpes de Champagne" (tokens on sale at reception):  
5€ / machine 1€ / laundry  
4€ / tumble dryer

### - Internet :

- "Internet Ici" terminal from 3€ for a 30-minute connection at the tourist office.  
- Wifi: 30mn of free wifi per day in / in front of the tourist office, network "OT La Plagne".  
- Network in the village "Internet Ici" from 3€/30 min.

Le Code Bar, Le Grand Bouquetin and Refuge de la Porte du Bois: free Wifi for their customers.

- Hippocket Wifi: rental per day (7€) or more (decreasing price) at the tourist office. High speed wifi network (up to 10 devices connected simultaneously). Payment in credit card only.

### - Lockers

At the ground floor of the Fruitière (the Centre) Lockers at 2€, 3€ & 6€.

- **Toutounet** : dog dropping bags dispensers at your disposal in Champagne Village and Champagne le Haut.

## LOCAL MARKETS

Sale of fruits and vegetables from La Drôme, every Tuesday in the centre of Champagne en Vanoise

Close to Champagne en Vanoise:

- Monday: La Léchère les Bains (25km), morning
- Tuesday: Pralognan la Vanoise (10km), all day  
Moûtiers (18km), morning
- Wednesday: Brides les Bains (12km), morning
- Thursday: Bozel (small market - 5km), morning  
Albertville (45km) (2 markets: food market & clothing market), morning
- Friday: Pralognan la Vanoise (10km), all day  
Moûtiers (18km), morning
- Saturday: Aigueblanche (21km), morning  
Albertville (45km), morning

## ENVIRONMENT

### ECO-CITIZEN

*Several waste collection points, identifiable on the Champagne en Vanoise map as well as flyers on water & waste sorting at your disposal*



Free village map and flyers



Tourist office +33 4 79 55 06 55  
info.champagny@la-plagne.com  
[www.champagny.com](http://www.champagny.com)

### RECYCLING

*Point recycling of used batteries*



SHERPA minimarket  
Champagne Village

## ACCOMMODATION

### HOTELS

Ancolie\*\*\* +33 4 79 55 05 00  
Les Glières\*\*\* +33 4 79 55 05 52

### SELF-CATERING ACCOMMODATION

CGH résidence & Spa Les Alpages de Champagne\*\*\* +33 4 79 22 21 20

### REAL ESTATE AGENCIES

Roc Blanc +33 4 79 55 05 77

### RESIDENTIAL HOTELS

Chalets du Bouquetin +33 4 79 55 01 13  
Les Balcons Étoilés +33 4 79 55 05 77

### REFUGE

Refuge de la Porte du Bois (P.N.V.)  
+33 4 79 55 05 79

### CAMPSITE

Le Canada +33 4 79 55 03 41

### FURNISHED ACCOMMODATION & GÎTES

La Plagne Resort +33 4 79 09 79 79  
[www.laplagneresort.com](http://www.laplagneresort.com)

### REAL ESTATE DEVELOPER

Les Terrasses de la Vanoise  
MJ Développement +33 6 18 34 15 38

## RESTAURANTS / BARS

### VILLAGE

Alpenrose +33 4 79 55 05 00  
Alpina +33 4 79 22 57 96  
Au Son des Clarines +33 4 79 41 16 67  
Barillon +33 4 79 55 05 30  
Glières +33 4 79 55 05 52  
Grand Bouquetin +33 4 79 22 05 59

### CHAMPAGNY LE HAUT

Refuge du Bois +33 4 79 55 05 79

### ON THE MOUNTAIN PASTURES

Chalet des Verdons Sud +33 6 13 10 33 31



## SHOPS

### Bakery - cakes & chocolate

Marmottine +33 4 79 55 07 10

### Hair dresser

Coiffeur Création +33 4 79 01 19 96

### Sport shops

Belvédère Sports / Sport 2000  
+33 4 79 55 05 45  
Intersport +33 4 79 55 07 36  
Ski Set / Ski shop Vanoise  
+33 4 79 55 05 92

### Regional products - wines

La Fruitière +33 9 67 48 11 26  
Le Schuss Gourmand  
+33 4 57 37 88 14

### Gifts - souvenirs

La Lézardière +33 4 57 37 88 14

### Grocery

Sherpa +33 4 79 22 17 88



## TRADMEN & BUSINESSES

### Commercial real estate agent

Mrs Catherine Lesourd + 33 6 84 99 95 03

### Graphic design

Dinézine Design + 33 6 84 35 38 86

### Electrician

Millot Julien Électricité + 33 6 21 73 90 82

### Masonry & renovation

M. Emmanuel Souvy + 33 (0)6 74 58 88 74

### Carpentry

SOSAMEC + 33 4 79 55 05 81

### Landscaper

SARL Concept Paysage + 33 6 37 91 41 45

### Renovation & decoration

SARL Toussaint Décoration + 33 6 15 85 53 29

### Transport

Dunand Vanoise Voyages  
+ 33 6 11 40 52 53

### Water installation work

Sarl ARINA + 33 6 22 98 51 64

## ASSOCIATIONS

### A.L.C.S (Leisure Culture Sports Association)

Mrs Véronique Tatoud  
alcs.champagny@yahoo.fr

### Champagny mountain painter workshops

Mrs Jacqueline Genier  
jacottegeniez@free.fr

### Champagny Glace Montagne

(Ice climbing)  
Mr Denis Tatoud + 33 6 37 35 48 75

### Senior citizens'club

Mr Jacky Vassard  
clubamitiechampagny@orange.fr

### Village Feast Day (Champagny Village)

Mrs Juliette Ruffier des Aimes  
+ 33 6 62 82 24 72

### Gorzderette

(The multi-activity "Frosted Tournament")  
Miss Julie Monnet www.gzd.fr

### Grand Bec Événements (Nordic ski race)

Mr Arnaud Ruffier des Aimes  
www.marathondugrandbec.com

### Champagny ski club

Mrs Stéfany Moenne-Loccoz  
www.skiclubchampagny.com

### Champagny-Bozel cross country club

Mrs Manon Simille  
www.club-skidefond-bozel.jimdo.com

### Sou des Écoles

Mrs Clémentine Latuillère  
soudesecoleschampagny@gmail.com

### Tarahumara Spirit

Dr. Salmon  
tarahumaraspirt.org

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**SKI AREA  
FULL OPENING  
LA PLAGNE & PARADISKI**

**19<sup>TH</sup> DECEMBER**

**425 KM**

of runs – in the Paradiski® area

**323 HECTARES**

of snow-covered runs

**130 SKI LIFTS**

**264 SKI RUNS**

36 black - 79 red

137 blue - 12 green

**5 «NATURE» TRAILS**

secure but ungroomed itineraries at high altitude

**NORDIC AREA**

Cross-country area, pedestrian/snowshoe itineraries,  
dog sledding, horse riding / ski joëring,  
toboggan run & glacier museum

The only resort in France with its own

**ICE CLIMBING TOWER**

**24-metre high artificial structure**

**WINTER**



*La Plagne  
your renewable  
energy...*

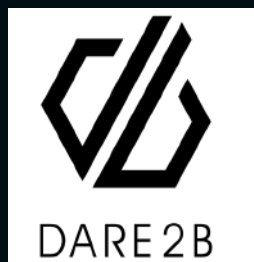
*Unforgettable\**

WINTER 2020-21

Champagny en  
Vanoise celebrates  
50 years of the  
resort

A dose of oxygen  
in an XXL area

# DARE 2B



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