

COME & LIVE  
*Unforgettable*\*  
MOMENTS



La photo ci-dessus © photo : P.Royer - gettyimages

**\*VENEZ VIVRE DES MOMENTS INOUBLIABLES**

VALLÉE | CHAMPAGNY EN VANOISE | MONTALBERT | MONTCHAVIN |  
LES COCHES | PLAGNE 1800 | PLAGNE CENTRE | PLAGNE BELLECOTE |  
PLAGNE VILLAGES | PLAGNE SOLEIL | PLAGNE AIME 2000 | BELLE PLAGNE



**CHAMPAGNY  
EN VANOISE**



SUMMER 2019

**THE GUIDE OF YOUR HOLIDAYS**

WWW.CHAMPAGNY.COM - +33 (0)4 79 55 06 55



*Unforgettable*\*  
\*VIVRE DES MOMENTS INOUBLIABLES

NOUVELLE JAGUAR I-PACE 100% ÉLECTRIQUE

ELLE VA FAIRE DU BRUIT,  
MAIS PAS SUR LA ROUTE



La nouvelle Jaguar I-PACE est notre premier SUV premium entièrement électrique. Avec son design précurseur, son autonomie de 470 km\*, sa recharge rapide (80% en 85 minutes\*\*), ses 4 roues motrices et ses 400 ch CEE, elle redéfinit les standards des véhicules électriques. Et avec une accélération de 0 à 100 km/h en 4,8 secondes, elle prouve qu'elle appartient bel et bien à la famille Jaguar. [jaguar.fr](http://jaguar.fr)

Jaguar partenaire  
officiel de



LA PLAGNE  
Paradiski

## THE ART OF PERFORMANCE

L'art de la performance

\*Autonomie jusqu'à 470 km, qui est susceptible de varier selon notamment la configuration du véhicule, l'état de la batterie, le style de conduite, le type d'utilisation, les conditions climatiques ou l'environnement routier. \*\*En utilisant un chargeur rapide de 50 kW à courant continu (DC). Les temps de recharge réels peuvent varier selon les conditions environnementales et l'équipement de recharge utilisé.

**Consommation mixte (l/100 km) : 0. Émissions de CO<sub>2</sub> (g/km) : 0.**

Jaguar France. Siren 509 016 804 RCS Nanterre.

WELCOME

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## Welcome to Champagne en Vanoise, gateway of the Vanoise national Park

## La Plagne thanks its partners



HAIBIHE

PUYDUFOU.

DARE2B



## WELCOME & INFORMATION



# La Plagne Tourist Office Champagny en Vanoise

Le Centre  
Champagny en Vanoise

Monday to Saturday:  
9am to 12.30pm / 2.30pm to 6.30pm

Sunday:  
9am to 12.30pm / 2.30pm to 7pm

+ 33 4 79 55 06 55  
info.champagny@la-plagne.com  
www.champagny.com

### TOURIST POINT INFORMATION

Le Laisonnay  
Champagny en Vanoise

Sunday to Friday:  
10am to 12.30pm / 2pm to 5.30pm  
Closed if weather conditions are bad

### Welcome drink

Sundays at 6pm, during July & August,  
in front of the tourist office, over a drink,  
presentation of the activities with the  
resort's service providers.

### Our services

- Copy and scan services
- Rental of board games
- 30mn free wifi connection per day
- Lost and found...
- Shop space

### Also...

- Sale of I.G.N card, walking leaflet
- Sale of lift passes
- Hippocket wifi box rental by the day or more: private high speed wifi network.

### At your disposal

- Weekly entertainment programme
- Plagne Access card
- Weather information
- IGN card, map of the starts for pedestrian paths, mountain bike routes
- Information screens to make sure you don't miss anything



### PARADISKI YUGE

Discover a wide variety of features: resort guide, weather conditions, personalized recommendations and much more!

The YUGE application:  
a 100% connected experience to  
download without delay.



### SOCIAL NETWORKS

Find us on social networks to follow our live video and not miss any pictures or resort information.

Share your memories of La Plagne.



Champagny en Vanoise Facebook



Twitter/Periscope: @LaPlagne



Instagram: la\_plagne



You tube: La Plagne TV

### PLAGNE ACCESS is...

- EASY....

- 1 On my smartphone, in the MOUNTNPAY app, I create my Plagne Access account in just a few clicks.
- 2 I securely associate my credit card.
- 3 Here we go! The card becomes the key to my holidays and allows me to pay for "contactless" purchases from partner merchants.

- SAFE....

Cash flows are managed by Ingenico, one of the world's leading providers of electronic payment solutions.

My bank details are not stored.

From my Plagne Access account, I manage in real time my expenses and those of my tribe as well as the daily spending limits.

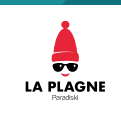
Plagne Access is automatically deactivated at the end of my stay.

- (very) ADVANTAGEOUS....

Exclusively, I enjoy: discounts, gifts, invitations and previews... and many other surprises!



This summer we are going to take care of you!  
Download the App  
la-plagne.com/app  
More info  
plagne-access.com



R'LA PLAGNE la radio station  
94.9 - 101.5 Mhz - laradiostation.fr

Tel + 33 4 79 09 10 00

rlaplagne@laradiostation.fr



## EVENTS



## Events

### FESTIV'ÉTÉ DES GORZDÉRÉS

Country and friendly event organized in the valley of Champagne le Haut. Craft market & local products. Animations & workshops all day long. Visit of the valley and the Glacialis museum (free).

Le Bois  
Champagne le Haut

June 30<sup>th</sup>  
All day long

+ 33 4 79 55 06 55  
info.champagny@la-plagne.com  
[www.champagny.com](http://www.champagny.com)

### VILLAGE FEAST

Festive day with stalls and games, musical entertainment, folklore, traditional costumes, Savoyard meal, dance and fireworks.

Le Bois  
Champagne le Haut

July 21<sup>st</sup>  
All day long

Saint Clair's association

### CHAMPAGNY LIVE

Concerts that explore different musical styles.

Garden of the presbytery  
Champagne Village

9pm  
July 18<sup>th</sup> & 25<sup>th</sup> in the garden of presbytery  
August 15<sup>th</sup> on the Centre

Free

+ 33 4 79 55 06 55  
info.champagny@la-plagne.com  
[www.champagny.com](http://www.champagny.com)

### CRAFT MARKET - REGIONAL PRODUCTS & CLEARANCE SALE

Food, decorative objects, crafts, etc... Street entertainment. Clearance sales by local traders.

Le Centre  
Champagne Village

July 26<sup>th</sup>, 27<sup>th</sup> & 28<sup>th</sup>: clearance sale  
July 28<sup>th</sup>: craft market

+ 33 4 79 55 06 55  
info.champagny@la-plagne.com  
[www.champagny.com](http://www.champagny.com)

### ASTRONOMY FOCUS

Planetarium, discovery of the sun, observation of the sky, workshops...  
A week of exploration!

Champagne le Haut  
Champagne Village

July 29<sup>th</sup> to August 2<sup>nd</sup>

Tourist office + 33 4 79 55 06 55  
Glacialis museum + 33 4 79 01 40 28  
[www.champagny.com](http://www.champagny.com)

### VILLAGE FEAST

Festive day with games, stalls, entertainment, folk group, parade, traditional meal with soup from the cauldron, dance and fireworks.

Espace Loisirs  
Champagne Village

August 4<sup>th</sup>

Fête du Village's association

### BAROQUE MUSIC

As part of the Tarentaise Baroque Festival "Magic Night": ensemble El Gran Teatro del Mundo proposes "Life is a dream".  
A concert with texts by Calderon de Barca and French music on dreams and the afterlife.



St Sigismond Church  
Champagne Village

August 7<sup>th</sup>  
8.30pm

25€/adult 20€/young (15-24 years old)  
Children (under 15 years old): free

+ 33 4 79 38 83 12  
contact@festivaldetarentaise.com  
Book on line:  
[www.festivaldetarentaise.com](http://www.festivaldetarentaise.com)

### KV & GRAND BEC ALPINE TRAIL RACE

**New:** KV (Vertical Kilometre) under the Champagne gondola lift.

2 mountain races on trails and footpaths: 30km: altitude gain & loss 1770m /14km: altitude gain & loss 550m.  
Starts & finishes in the village centre.

Le Centre  
Champagne Village

August 10<sup>th</sup>: KV  
August 11<sup>th</sup>: Alpine trail race

KV: 10€/pers. Trail & KV combined: 30€  
Trail 30 km from 24€/pers.  
Trail 14 km from 13€/pers.

+ 33 4 79 55 06 55  
info.champagny@la-plagne.com  
[www.champagny.com](http://www.champagny.com)

### FEST'E BIKE

Activities around the electric mountain bike.  
August 15<sup>th</sup>: ride (cable car access and Grande Forcle pass) and E-VTT meeting on Plagne Centre: animations, challenge, trial show...

August 13<sup>th</sup> to 15<sup>th</sup>

+ 33 4 79 55 06 55  
info.champagny@la-plagne.com  
[www.champagny.com](http://www.champagny.com)

## EVENTS



### TRAILS

At Champagne le Haut (Laisonnay d'en Haut, le Bois): passage of the trail «Tour de la Grande Casse» (66km / 3850m climbs)  
At the hamlet of Le Bois: departure from the «Semi de la Vanoise» (20km / 1600m climbs), arrivals at Pralognan la Vanoise. At Laisonnay «MaraTrail» arrival (7,5km / 1100m climbs), start from Pralognan la Vanoise.

Champagne le Haut

August 25<sup>th</sup>

+ 33 4 79 55 06 55  
info.champagny@la-plagne.com  
[www.champagny.com](http://www.champagny.com)



## Espace Glacialis

Le Bois  
Champagny le Haut <sup>(1)</sup>

June 15<sup>th</sup> to July 5<sup>th</sup> & September 2<sup>nd</sup> to 22<sup>nd</sup>; Saturday & Sunday 10.30am to 12.30pm & 2pm to 6pm  
Wednesday to Friday, 1.30pm to 5.30pm  
July 6<sup>th</sup> to September 1<sup>st</sup>, daily except Tuesday, 3pm to 7pm

3€ / adult  
1,50€ / child (6 - 13 years old)  
Reduced price: 2€ (student, unemployed)  
Groups: contact us

+33 4 79 01 40 28  
[www.espaceglacialis.fr](http://www.espaceglacialis.fr)

**FREE VISIT** of the Espace Glacialis.  
The theme of mountain glaciers is approached from several angles and the tools used are multiple (audiovisual, photographs, maps, models, objects).  
It is dedicated to mountain glaciers, their mechanism and life.

**TEMPORARY EXHIBITION** of the French Astronomical Association  
"Dreams of a Starry Night" addresses the ambiguous relationship we have with the night. Our knowledge of the sky grows as we erase it under megawatts of light. The exhibition is a tool that raises the question of the challenges of better lighting our cities.

**Fun / creative workshops**  
(see p. 10)

### L'ÉCHO DES GLACIERS

*Guided visit of the Glacialis museum*

Thursdays July 18<sup>th</sup>, August 1<sup>st</sup>, 15<sup>th</sup> & 29<sup>th</sup>. From 10am to 11.30am.  
Pre-registration at the tourist office or Glacialis museum (4 pers. min.)

4€ / adult 2€ / child (6 - 13 years old)  
Reduced rate: 3€ (student, unemployed)

Espace Glacialis & Galerie Hydraulica = discount price for the 2<sup>nd</sup> museum visited!

### GLACIERS & HUMANS

*Follow your guide to discover everything about the glacial valley of Champagny-le-Haut: 2pm: visit the Espace Glacialis to discover the secrets of the eternal snows. Games available for children. 3 to 5pm: guided walk on the thematic trail from one hamlet to another, follow the guide...*

Le Bois  
Champagny le Haut

Thursdays 11<sup>th</sup>, 25<sup>th</sup> July, 8<sup>th</sup> & 22<sup>nd</sup> August  
Booking at least the same day before 12pm (min. 4 pers.)

8€ / adult 4€ / child (6 - 13 years old)

Tourist office +33 4 79 55 06 55  
Espace Glacialis +33 4 79 01 40 28  
[www.champagny.com](http://www.champagny.com)

## Visits with an F.A.C.I.M. guide



### ONCE UPON A TIME CHAMPAGNY VILLAGE

*Guided walk around Champagny village to discover its secrets. Breaks at St Sigismond church with its «Pisa tower» bell tower and its remarkable baroque decor.*

Mondays 8<sup>th</sup> & 22<sup>nd</sup> July, 5<sup>th</sup>, 19<sup>th</sup> & 26<sup>th</sup> August, from 5pm to 7pm.

5€ / adult Free under 16 years old  
Booking at the tourist office at least the same day before 12pm (min. 5 pers.)

### THE BAROQUE IN EVERY SENSES !

*Sensory visit to the heart of the Savoyard Baroque world.*

Mondays 15<sup>th</sup>, 29<sup>th</sup> July & 12<sup>th</sup> August, from 5pm to 6.30pm.

5€ / adult Free under 16 years old  
Booking at the tourist office at least the same day before 12pm (min. 5 pers.)

### SURPRISE AT THE BAROQUE ST SIGISMOND CHURCH!

*A guide, an actor and a musician echo each other to reveal the beauty of the St Sigismond church and take you into the world of baroque.*

Wednesday 31<sup>st</sup> July, 8.30pm to 9.30pm.

10€ / adult Free under 16 years old  
Booking at least on the same day (min. 5 pers.)

Tourist office +33 4 79 55 06 55  
[info.champagny@la-plagne.com](mailto:info.champagny@la-plagne.com)  
[www.champagny.com](http://www.champagny.com)



## Discovery

### ST SIGISMOND CHURCH

*An exuberant decor where a multitude of angels, all dressed in gold, give a foretaste of paradise... Baroque splendour*  
*Discovery of the church during the visit of the village (see opposite)*  
*Catholic worship: consult the church bulletin board.*

Villard-Dessous  
Champagny Village

21<sup>st</sup> June to 31<sup>st</sup> August, daily (except Monday) from 3pm to 6.30pm  
15<sup>th</sup> & 16<sup>th</sup> September for the European Heritage Days, from 2pm to 6pm

Free (visit not guided)

Tourist office +33 4 79 55 06 55  
[info.champagny@la-plagne.com](mailto:info.champagny@la-plagne.com)  
[www.champagny.com](http://www.champagny.com)

### GALERIE HYDRAULICA & E.D.F POWER PLANT

*All the secrets of hydroelectricity that have enabled the development of the valley through industry. Optional visit to the EDF power plant*

Villard du Planay (8 km)

Daily (except Saturday), from 8<sup>th</sup> July to 31<sup>st</sup> August 2pm - 6.30pm (6pm from 10<sup>th</sup> June to 7<sup>th</sup> July & from 1<sup>st</sup> to 15<sup>th</sup> September)  
Guided tour: EDF power station, Thursdays from July 11 to August 29 (except 15/08) & Tuesdays August 6, 13 & 20 at 5pm. On reservation only.

Visit from: 3,50€/adult 2€/child (7 to 16 years old)

Guided tour of the EDF power station: 8€/pers.

+33 4 79 22 19 68  
[www.galerie-hydraulica.com](http://www.galerie-hydraulica.com)


<sup>(1)</sup> Traffic restriction  
Information page 28




## Art & culture

### CINEMA


A diversified program, in a room that can accommodate 170 moviegoers.

-  Le Centre  
Champagny Village


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-  Daily except Saturday  
Movies at 6pm, 9pm & 3pm in case of rain (min. 5 pers.)

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-  7,50€ /adult    4€ /- 14 years old  
60€ /subscription card (10 tickets)  
6€ /student (student card is required)

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-  +33 9 67 26 12 73  
Program on:  
[www.champagny.com](http://www.champagny.com)

### LIBRARY

Wide choice of books & magazines for all with regular purchases of newly published novels. Reading space and loan.

-  Ground floor of the village hall

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-  Monday & Friday from 6pm to 7pm  
Wednesday from 10am to 11.30am

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-  FREE book loan.  
Deposit: 50€

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-  +33 4 79 22 14 08

### Books

#### «LE LAC DE LA GLIÈRE» BICENTENARY OF A DEBACLE

A double entry book to discover the history of a glacial lake in Champagny.

-  Information at the tourist office & on sale at the village shops

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-  12€ / book

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-  Patricia RUFFIER LANCHE  
+33 6 63 73 60 96  
[lagrangedejojo@gmail.com](mailto:lagrangedejojo@gmail.com)

#### «LA-HAUT»


Discover the fauna of the Alps and more precisely of the Vanoise through the book "La Haut"

-  On sale at the tourist office and Champagny shops

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-  39€ / book

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-  Thomas DELAHAYE  
+33 6 77 17 81 14  
[www.thomasdelahaye.fr](http://www.thomasdelahaye.fr)

### Exhibition - sale

Paintings (oil painting, watercolour...) organized by the association of mountain painters of Champagny en Vanoise

-  "Fruitière" room  
Champagny Village

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-  July 13<sup>th</sup> to August 25<sup>th</sup>, 5pm to 7pm

Paintings (oil painting) from Mrs Claudette PRINCIC

-  Centre's exhibition room  
Champagny Village

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-  July 27<sup>th</sup> to August 16<sup>th</sup>, 3.30pm to 19pm

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-  Free entrance

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-  +33 4 79 55 06 55  
[info.champagny@la-plagne.com](mailto:info.champagny@la-plagne.com)  
[www.champagny.com](http://www.champagny.com)

## Creative & fun workshops



### NAIL WORKSHOP

Enter in the colourful world of semi-permanent varnishes (hanging and removal)

-  Champagny Village

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-  Daily, from 9am to 12pm

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-  50€ / session

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-  +33 6 78 01 03 77  
Cathy Nails

### APPLICATION OF SEMI-PERMANENT VARNISHES AND EPHEMERAL TATTOOS

Varnish application and original creations for a tattoo without risk for the skin.

-  Place du Centre  
Champagny Village

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-  Every Wednesday from July 17<sup>th</sup> to August 14<sup>th</sup>, from 10am to 12pm

---

-  25€ for varnishing  
From 6€ / tattoo

---

-  +33 6 78 01 03 77  
Cathy Nails

### WOOD CARVING

Come and develop your creative competence by learning bas-relief

-  9am to 12pm and/or 2pm to 5pm, from Tuesday to Friday

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-  40€ / 1/2 day    80€ / day  
Material is provided. Possible from 10 years old

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-  +33 6 24 05 11 00  
Claude VIAL  
[vialclaude@yahoo.fr](mailto:vialclaude@yahoo.fr)

### CERAMICS / MOSAIC

Come and create your small painting by mixing ceramics and mosaics. All levels, adults & children (from 6 years old; 3 pers. minimum).

-  In a workshop - Le Crey  
Champagny Village

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-  June 28<sup>th</sup>, July 18<sup>th</sup>, 25<sup>th</sup> & August 1<sup>st</sup>, 8<sup>th</sup>, from 2:30pm to 4:30pm  
Booking at least the day before 10am

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-  27€ /adult    23€ /child

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-  Lorène HERRERO (graduate of the Beaux Arts)  
+33 6 09 41 52 61  
[www.loreneh.com](http://www.loreneh.com)



## Kids

### LEISURE CENTRE: NEW AREA

- City stade (multi-activities stadium)
- Playground for children from 1 to 10 years old

Espace loisirs  
Champagny Village

Free access

### GAMES AREA & PING-PONG

Espace loisirs - Champagny Village  
Camping Canada - Champagny le Haut

Free access

### JUNIOR EXPLORER CIRCUIT

*Fun sports circuit for children aged 3 and over. Workshop about animals that live in the mountains.*

Le Canada - Champagny le Haut  
(near the adventure circuit)

Free access (from 3 years old)

### CREATIVE WORKSHOPS AT THE ESPACE GLACIALIS

*Mountains, animals, drawing, assembly... original creations for these workshops.*

Espace Glacialis - Le Bois  
Champagny le Haut

Every Wednesday, from 10<sup>th</sup> July to  
28<sup>th</sup> August, 3pm to 5pm

7€/child (from 6 to 13 years old)

Tourist office + 33 4 79 55 06 55  
Espace Glacialis + 33 4 79 01 40 28  
[info.champagny@la-plagne.com](mailto:info.champagny@la-plagne.com)  
[www.champagny.com](http://www.champagny.com)

### PAINTING & RAW EARTH WORKSHOPS

*Painting, gouache, raw earth or modelling, according to the themes proposed: flowers, animals, Champagny's environment...*

In workshop or outside  
Champagny Village

Every Tuesday from 1.30pm to 5.30pm

30€/child (from 5 years old)  
Material included

Jacqueline BERGEREAU (Arts Deco  
graduate) + 33 6 70 63 69 76

### ADVENTURE DAYS

*Friendly challenge by team of 2 to 3, assisted by a parent with orientation tests, adventure course and nature survey.*

Champagny le Haut

Tuesdays 9<sup>th</sup>, 23<sup>rd</sup> July & 6<sup>th</sup>, 20<sup>th</sup>  
August

10€ / child (from 7 years old)

+ 33 4 79 55 06 55  
[info.champagny@la-plagne.com](mailto:info.champagny@la-plagne.com)  
[www.champagny.com](http://www.champagny.com)

### SHOWS-ENTERTAINMENTS

Le Centre  
Champagny Village

July 9<sup>th</sup> to August 27<sup>th</sup>  
Every Tuesday at 6pm

Free

### BABYSITTERS & REGISTERED CHILMINDER

*List available at the Tourist Office*

+ 33 4 79 55 06 55  
[info.champagny@la-plagne.com](mailto:info.champagny@la-plagne.com)  
[www.champagny.com](http://www.champagny.com)

## For sporty kids...



### CLIMBING TREES

*Discovering different species of trees and climbing techniques, practising safely with a professional.*

Le Canada  
Champagny le Haut

July 31<sup>st</sup>, August 1<sup>st</sup>, 7<sup>th</sup> to 8<sup>th</sup>  
From 10am to 12.30pm

22€ / child (from 9 years old)  
8 children maximum

+ 33 4 79 55 06 55  
[info.champagny@la-plagne.com](mailto:info.champagny@la-plagne.com)  
[www.champagny.com](http://www.champagny.com)

### ADVENTURE CIRCUIT & ZIP LINES

*Supervised by a professional, your sense of balance will be tested on the treetop or sensation course: climbing the tour (22m) then the 2 zip lines (180m long)!*

Le Canada  
Champagny le Haut

Tuesdays, Thursdays, Fridays &  
Sundays

Adventure circuit with 7 challenges  
(from 5 to 11 years old): 15€  
14 challenges (from 12 years old) : 20€  
Zip lines (from 14 years old): 10€

+ 33 6 81 30 42 95  
+ 33 6 06 76 09 89  
Mountain guide office

### HORSE RIDING - LE P'TIT RANCH

*Ponies rental and horse riding with a guide. Introduction to ponies every morning (games, entertainment...).*  
*Activities supervised by a qualified instructor.*

Le Bois  
Champagny le Haut

Pony rental: 13€/30mn 18€/hour  
5 bought ponies rides = 1 offered  
Horse riding 2 hours: from 45€  
Private tuition: 40€/hour  
Group lesson: 25€/hour

+ 33 6 84 78 28 51 / + 33 6 89 78 15 64

### HORSE RIDING - À HUE & À DIA

*Horse riding with a guide, initiation with the Merens of the equestrian farm.*  
*Horse grooming/discovery activity (Tuesdays & rainy days)*

Le Canada  
Champagny le Haut

Horse riding: 23€/hour 40€/2 hours  
85€/day 7€/grooming activity

+ 33 6 68 37 10 62

### SWIMMING LESSON

+ 33 4 79 22 06 75  
Swimming-pool

### CLIMBING

110€ / 3 x 2 hours  
40€ / 2 hours group lesson (min. 3 kids)

+ 33 6 81 30 42 95  
Mountain guide office





## Vanoise national Park


Created in 1963, the Vanoise National Park was the 1st French National Park. More than 600km of marked trails (including 200km in Champagny territory).

### GET TO KNOW THE PARK BETTER, EVENING MEETING

Film or slideshow followed by a discussion with a guard


 Mondays 15<sup>th</sup>, 22<sup>nd</sup> July, 5<sup>th</sup> & 12<sup>th</sup> August, from 8.30pm to 10pm

 Free (limited number of places)

 Refuge du Bois  
Le Bois - Champagny le Haut

### GET TO KNOW THE PARK BETTER, MEET IN THE MOUNTAINS


Meeting point with a guard at Plaisance, the refuge (access by foot only: 1h45 one way)


 23<sup>rd</sup> July & 8<sup>th</sup> August, from 4pm to 6pm

 Free (cancel if bad weather)

### THE SAGA OF THE MARMOTS

Get to know marmots better? At a time when the sun is declining, a discovery walk in the heart of the Park with a mountain guide. Ideal activity for families.

 Every Tuesdays from 9<sup>th</sup> July to 27<sup>th</sup> August, from 5.30 to 7.30

 17€/pers. 8€/youth (12 to 17 yrs old)  
Free for children under 12 years old  
Limited number of places

 + 33 4 79 55 06 55  
info.champagny@la-plagne.com  
www.champagny.com

### VANOISE NATIONAL PARK IBEX

They are called Dodue, Iznogoud, Igloo...and live in Vanoise. In 2018, the Vanoise National Park equipped 14 ibexes with G.P.S beacons to improve knowledge of this mountain lord. Log in and track their movements.


 <http://bouquetins.vanoise-parcnational.fr>


## Guided walks



### HIKING WITH MOUNTAIN GUIDES

Come and discover the richness of the Vanoise with the mountain guides during half-day, full-day or several-day hikes: discover the flora on easy routes, approach and observe the fauna off the beaten tracks, or more technical hikes... all your tastes are in Nature!

 Indicative rates (variable depending on the trip)  
Adult: 33€ / day 25€ / 1/2 day  
Child (4-16 years old): 29€ / day  
18€ / 1/2 day  
Private group (12 pers. maxi)  
218€ / day 138€ / 1/2 day

 + 33 6 81 30 42 95  
Bureau des Guides (above the pool), open July and August, every day from 5pm to 7pm

THE "NATIONAL PARK SPIRIT" DISCOVERY WALKS IN PARTNERSHIP WITH THE F.A.C.I.M. FOUNDATION

### MATIN'ALPAGE


Come and taste the life of the mountain pastures at Pralognan la Vanoise and meet the farmers. Breakfast. 250m vertical drop breakfast; 2h45 round trip.

 Wednesdays 24<sup>th</sup> July, 7<sup>th</sup> & 21<sup>st</sup> August, from 7am to 11am

### M. SYLVAIN'S GOATS

Sylvain & Audrey welcome you to the mountain pasture in the middle of their herd of goats at the time of milking. Height difference 200m; 2h30 round trip.


 Wednesdays from 10<sup>th</sup> July to 14<sup>th</sup> August, from 1.45pm to 5.30pm


 17€ / adult 8€ / child (5 to 15 years old)  
Free under 5 years old

 + 33 4 79 55 06 55  
info.champagny@la-plagne.com  
www.champagny.com

### GOURMET ESCAPE FROM THE CELLAR TO THE MOUNTAIN PASTURES

Visit the maturing cellar and then, in the village of Les Prioux (Pralognan), learn the know-how of how to make Beaufort "chalet d'alpage" before tasting it.

 Mondays 15<sup>th</sup>, 29<sup>th</sup> July & 12<sup>th</sup> August  
From 5.30pm to 7.30pm

 10€ / adult 4€ / child (5 to 15 years old)  
Free under 5 years old

 + 33 4 79 55 06 55  
info.champagny@la-plagne.com  
www.champagny.com







## Prepare your walks, hikes & trails

### CHAMPAGNY LE HAUT VALLEY

Gateway to the Vanoise, this site has been classified as a National Heritage Site since September 1992.

6 hamlets lie in this high valley, 5 km long, between 1450 m and 1580 m in altitude. Glaciers have left their mark on it.

### I.G.N CARD

1/30 000 IGN map with hiking trails leaving from Champagny en Vanoise

18,50€ - sale at the tourist office

### WALKS & HIKES LEAFLETS

16 different itineraries from Champagny village, the top of the gondola, Champagny le Haut valley and the Vanoise National Park

9€ - sale at the tourist office

### DISCOVERY BOOKLET ON THE CHAMPAGNY EN VANOISE GLACIERS

It explains the route created and marked (8 numbered markers) by the Vanoise National Park

5€ - sale at the tourist office

### Permanent trail running routes

La Plagne offers more than 160km of marked trails for the trail, divided into 18 permanent routes. Starting from Champagny en Vanoise: 3 itineraries are available for runners, who enjoy walking the trails, discovering the landscapes and "harvesting" the difference in altitude.

1€ - sale at the tourist office

### EASY WALK ON THE GORZDÉRÉS PATH

NEW... Games and information on the 11 reading tables (themes: glacier, wildlife, landscape...) installed along the path. Discover the Champagny le Haut valley. The 2.5 km route is accessible to all and in particular to families, seniors and people with reduced mobility.



Free access - Leaflet available at the tourist office

## Gear renting

- Hiking boots (3): 5€ / day
- High mountain pack (crampons, ice axes and harness) (3): 17€ / day
- Crampons (3): 8€ / day
- Harness (2)(3): 4€ / 1/2 day to 10€/day
- Via ferrata pack (helmet, safety straps, harness) (1)(2)(3): 8€ / 1/2 day to 12€ / day
- Baby carrier (1)(2)(3): 4€ to 7€
- Puschair (1)(3): 6€ to 8€
- Electric mountain bike (1): 30€ / 1/2 day 50€ / day
- Mountain bike rental at Bozel (5km)

- (1) **Belvédère sports / Sport 2000**  
+ 33 4 79 55 05 45
- (2) **Intersport** + 33 4 79 55 07 36
- (3) **Ski shop Vanoise / Ski Set**  
+ 33 4 79 55 05 92



## ORIGINAL THRILLS

## Original thrills

### PERCHED TASTING

**New:** tasting of the products on a suspended table, comfortably installed between the branches

August 2<sup>nd</sup> & 9<sup>th</sup>  
From 11am to 12.30pm

22€ / person (maximum 5 pers.).  
From 8 years old

### PERCHED BOTANY

**New:** a sensory and instructive experience on observing and understanding trees

August 2<sup>nd</sup> & 9<sup>th</sup>  
From 2pm to 3.30pm

22€ / person (maximum 5 pers.).  
From 8 years old

+ 33 4 79 55 06 55  
info.champagny@la-plagne.com  
www.champagny.com

### AMAZING NIGHTS

Spend a night in a hammock, perched in the treetops, in complete safety. Sensations guaranteed!

Le Canada  
Champagny le Haut

August 1<sup>st</sup> to 8<sup>th</sup> - on reservation only

70€ / person. From 8 years old.

+ 33 6 52 55 40 78  
contact@pleinarbre.com

### TREE CLIMBING

Learning climbing techniques and practice in complete safety, with Charlie, a professional.

Le Canada  
Champagny le Haut

July 31<sup>st</sup>, August 1<sup>st</sup>, 7<sup>th</sup> to 8<sup>th</sup>  
From 10am to 12.30pm

22€ / person (min. 3 pers - max. 8 pers.). From 8 years old.

+ 33 4 79 55 06 55  
info.champagny@la-plagne.com  
www.champagny.com

## VERTICAL THRILLS



## Vertical thrills

### CLIMBING

Champagny en Vanoise offers 3 climbing sites for children (Torchet climbing school), beginners or experienced climbers (La Grande Roche)

- 📍 - Access: free - Free sketch at the tourist office
- Supervision by a guide:  
Individual course (1 to 2 people): 55€/h 110€/2 consecutive hours  
Group course 2 hours adults or children (6 pers. max): 40€  
Training course for adults or children (max. 6 people): 3 x 2 hours: 110€

📞 +33 4 79 55 06 55  
info.champagny@la-plagne.com  
www.champagny.com

+33 6 81 30 42 95  
Mountain guide office

### VIA FERRATA

2 sites in Champagny en Vanoise:

- "Plan du Bouc" with its 2 courses ridge and cliff (not very difficult to quite difficult), 800 to 900 m long.
- "Les Grosses Pierres" (extremely difficult), 200 m long.

- 📍 - Access: free - Free sketch at the tourist office
- Supervision by a guide:  
60€/pers or 200€ per engagement (4 pers.) for "Plan du Bouc"  
140€ per engagement (1 person) for "les Grosses Pierres"  
Outings on the via ferrata of Pralognan, Courchevel...

📞 +33 4 79 55 06 55  
info.champagny@la-plagne.com  
www.champagny.com

+33 6 81 30 42 95  
Mountain guide office

### ADVENTURE CIRCUIT & ZIP LINES

In Champagny le Haut, near the campsite le Canada.

- 2 adventure courses: a large course of 14 workshops including 2 zip lines & a child course of 7 workshops.
- Sensational course with climbing of the "Tower" (22m) & 2 zip lines (length 180m)

📅 Tuesday, Thursday, Friday & Sunday with a guide.

- 📍 Adventure course :  
7 workshops (from 5 to 11 years old): 15€  
14 workshops (from 12 years old): 20€  
Zip lines (from 14 years old): 10€

📞 +33 6 81 30 42 95  
+33 6 06 76 09 89  
Mountain guide office

## High mountain thrills

### ICE HIKING

To each one his route, from beginner routes to others that require a certain level of endurance:

Group outings for 3 to 6 people depending on the route.

📍 Mountain guide office: from 120€/person or in private commitment from 340€/day (from 1 to 4 people).

📞 +33 6 81 30 42 95  
Mountain guide office  
Damien SOUVY +33 6 89 93 65 19

### ROCK, SNOW AND ICE ROUTES OR MIXED ROUTES

You want to discover or improve your skills in climbing the most prestigious peaks of the Vanoise.

📍 Rates vary according to the route

📞 +33 6 81 30 42 95  
Mountain guide office  
Damien SOUVY +33 6 89 93 65 19

### Mountain guide office

+33 6 81 30 42 95  
(above the pool), open July and August, daily from 5.30pm to 7pm

### High mountain guide

+33 6 89 93 65 19  
Damien SOUVY



PHOTOS: MIRJIA BEH / OROZ-PICTO.COM

CÉBÉ  
PURE ADRENALINE



CÉBÉ PARTENAIRE OFFICIEL DE LA PLAGNE  
Paradiski

## Gondola

*In 10 minutes to reach 2000m on the south side of Champagny en Vanoise. To enjoy the panorama, or to join one of the high altitude restaurants...*

### CHAMPAGNY EN VANOISE GONDOLA

- 🕒 Open from July 1<sup>st</sup> to August 30<sup>th</sup>, daily except Saturday & Sunday: 9am - 12.45pm & 2pm - 5.40pm

### PEDESTRIAN ACCESS

- 🚶 Champagny en Vanoise gondola lift, other lifts accessible from 2h15 of walking. Free: under 5 years old 6€/up (free descent)
- 1 day La Plagne (with access to the glacier) 20€/pers. 16€/child (5 to 12 years old)
- 1 day La Plagne (without access to the glacier) 15€/pers. 12€/child (5 to 12 years old)
- La Plagne Week (7 consecutive days, with glacier access) 40€/pers. 32€/child (5 to 12 years old)
- La Plagne season: 90€/pers. 72€ (5 to 12 years old)

### MOUNTAIN BIKERS ACCESS

- 🚲 Prices are the same for pedestrians (see above). No access to the glacier.
- 👤 Tickets on sale at the tourist office & at the gondola.  
+ 33 4 79 55 06 55  
[www.champagny.com](http://www.champagny.com)

## What to do at the top of the gondola

### WALKING

- Chalet Les Verdons Sud (info page 5\* «La Chapelle du Bozelet»): very easy itinerary on a wide path. Gourmet break on the panoramic terrace at Les Verdons Sud restaurant. Estimated walking time: 30mn
- Plan du Bouc - Les Chapelets (info page 5b\*): trail back down to the village of Champagny. Panoramic view and take-off area for paragliders. Estimated time: 3 hours including 45mn climbing. Elevation difference: + 240m -908m

- 👤 \* walking maps sell at the tourist office €9

### «E-VTT» ELECTRICALLY-ASSISTED BIKES

- Les Alpagnes du Bozelet\*\*: itinerary that climbs gradually to Col de Forcle from where you can go down to La Plagne (6km return) or fork towards Bozelet chapel. Stunning views on the Vanoise glaciers. Return by the same route. Distance: 12km (round trip). Vertical difference: + & - 900m

### MOUNTAIN BIKING

- Miolet Forest\*\*: from the top of the gondola, take the hiking trail immediately under the arrival, which zigzags down (a few sharp bends) into the Miolet forest. Join the forest track of Les Bois (slope crossing: steep).

## Biking

### E-VTT, THE ELECTRIC MOUNTAIN BIKE

- 9 E-VTT itineraries, including 3 at Champagny en Vanoise, with specific markings
- At Champagny le Haut: 14km itinerary with the possibility of continuing along a track to the Vanoise National Park
- From the top of the gondola (\*): 2 return itineraries or possibility to go to La Plagne

#### USEFUL:

- Bike washing area at the starting point of the gondola lift
- E-VTT charging point at Verdons Sud restaurant
- VTT-E & VTT rental (see. page 15)



### MOUNTAIN BIKE

Mountain bikers can practice their favourite activity on about 20 itineraries from Champagny en Vanoise to La Plagne, going at their own pace and according to their level. From the village, using the gondola (\*) there are 3 circuits:

- 1 blue route, medium difficulty: enduro
- 2 red routes, more difficult: cross-country & enduro

### MOUNTAIN BIKE & E-VTT

An itinerary in the heart of the Vanoise National Park, to the chalet du Grand Plan

- 📍 Start from Champagny le Haut, le Laisonnay

\*\* Mountain bike & VTT-E card: free of charge, available at the tourist office.  
\* The lifts are only accessible with a pass (see page 18).



HAIBIKE



LET'S GO  
HAIBIKING\*

\*Allons rider

haibike.com  
HabikeFrance  
haibikefrance

Haibike,  
partenaire  
de :



## Activities

### HORSE RIDING: LE P'TIT RANCH

Horse riding with an instructor from 2 hours to all day. Private & group lessons. Ponies rental and introduction to ponies every morning (games, entertainment...) Activities supervised by a state-certified instructor.

Le Bois  
Champagny le Haut

Horse riding 2 hours: from 45€  
Private tuition: 40€/hour  
Group course: 25€/hour

Pony rental: 13€/30mn 18€/hour  
5 bought ponies rides = 1 offered

+ 33 6 84 78 28 51  
+ 33 6 89 78 15 64

### HORSE RIDING: À HUE ET À DIA

Accompanied ride, initiation with the Merens of the equestrian farm. Horse grooming/discovery activity on Tuesdays 3pm (on reservation) & rainy days.

Le Canada  
Champagny le Haut

23€/hour 40€/2 hours  
85€/ day trip

7€/grooming - horse discovery

+ 33 6 68 37 10 62

### LESIURE CENTRE: NEW SPACE

- City stadium (multi-activity stadium)
- Petanque ground
- "Street workout" area, a path between gymnastics and weight training
- Games for children

Espace loisirs  
Champagny Village

Free access

### AIR VANOISE PARAGLIDING

Come and experience new sensations with the two-seater paraglider, accompanied by a qualified pilot

Introductory flight: 90€ / person  
Performance flight: 130€ / person  
Photo / video: 25€

+ 33 6 85 37 25 85  
Antoine MERCIER  
[www.air-vanoise.com](http://www.air-vanoise.com)

### PARAGLIDING

+ 33 6 60 38 00 36  
Bruno RUFFIER DES AIMES



ACTIVITIES

### FISHING

Savoie is a real fishing paradise, which will surely delight you and allow you to enjoy great fishing moments.

Fishing permit (obligatory) -  
departmental card:  
7-day permit: 32€

1-day permit: 13€

Annual adult permit: 91€  
From 12 to 18 years-old: 20€

Discovery card (under 12 years-old): 6€  
Annual ladies' departmental permit: 33€

+ 33 4 79 55 06 55  
info.champagny@la-plagne.com  
[www.champagny.com](http://www.champagny.com)

### ICE-RINK

A 30x60 meter skating track will allow you to achieve all your prowess

Prélude Olympique  
Pralognan la Vanoise (10 km)

From July 6<sup>th</sup> to August 31<sup>st</sup> (except August 24<sup>th</sup>, 26<sup>th</sup> & 30<sup>th</sup>): daily from 4pm to 6pm.  
Tuesdays and Thursdays from 9pm to 11pm

Entry + skate rental (from size 24) :  
8€/adult 7€/child - 13 years old  
3,50€/child - 5 years old

+ 33 4 79 08 74 88



## Wellness thrills

### WELLNESS OF THE SWIMMING-POOL

SPA, relaxation and care centre of 250sq.m with 2 sauna cabins, a hammam, a spa with hot baths, cold baths and a large relaxation lounge with showers «experiments».

-  Espace loisirs  
Champagny Village

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-  June 16<sup>th</sup> to 30<sup>th</sup> & September 1<sup>st</sup> to 15<sup>th</sup>, daily from 2.30 pm to 7.30 pm  
July 1<sup>st</sup> to August 31<sup>st</sup>, every day from 10am to 7.30pm


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-  Spa rates include swimming pool (from 14 years old, and accompanied by an adult for minors). Duration: 2 hours maximum.  
1 entry: 14€  
Card of 10 entries: 125€  
Season pass: 110€  
Annual pass: 170€  
Spa Extension: 7,50€

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-  + 33 4 79 22 06 75


### SPA & BEAUTY CARES CLUB ALPINA

-  + 33 4 79 55 04 59

### Ô DES CIMES SPA & WELLNESS

Ô des Cimes welcomes you for facial and body treatments using CODAGE products and for children from 6 years-old, the Bio Toofruit brand (specially for little children).  
Tonic or relaxing massages using the oil of your choice with different scents for women and men, for a 30, 60 or 90-minute massage.

-  Les Alpages residence - La Piat  
Champagny Village

-  + 33 4 79 22 21 20

### JACUZZI


-  + 33 4 79 55 05 00  
Hôtel Ancolie


### SAUNA


-  + 33 4 79 55 05 00  
Hôtel Ancolie  
+ 33 4 79 55 05 52  
Hôtel les Glières

### HARMONY & WELL-BEING

Wellness massage based on several techniques: shiatsu, Korean relaxation, Californian, foot reflexology, tai, Swedish, lympho-energy.

-  Espace loisirs - Champagny Village or at home

-  Every day by appointment

-  Comfort massage 1h: 70€  
Energy massage 1h30: 100€  
Learning workshop on wellness massage 2 hours: 120€ / 2 pers.  
Super relaxation: swimming-pool entrance + SPA (1h30) + comfort massage: 80€  
Super relaxation: swimming pool entrance + SPA (1h30) + energy massage: 110€

-  Rollande RENAUD - Certified practitioner in touch techniques  
+ 33 6 87 55 66 22  
rollande.cortot@orange.fr

### QI GONG

Discovery of the practices of the San Yi quan school resulting from a centuries-old tradition.

-  Course from June 24<sup>th</sup> to 28<sup>th</sup>

-  Association Le Hérisson de Jade  
+ 33 1 69 57 03 72  
+ 33 6 63 08 89 19  
[www.tao-yin.fr](http://www.tao-yin.fr)

## Water thrills

### SWIMMING-POOL

Covered and heated swimming pool, with a separate two-part pool:

- a playful pool, of increasing depth for children and water games
- two 25-metre water lines for swimmers

A paddling pool separated from the main pool allows the youngest to swim safely.

Spa and relaxation: information and prices page 22.

-  Espace loisirs  
Champagny Village

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-  June 16<sup>th</sup> to 30<sup>th</sup> & September 1<sup>st</sup> to 15<sup>th</sup>, daily from 2.30 pm to 7.30 pm  
July 1<sup>st</sup> to August 31<sup>st</sup>, every day from 10am to 7.30pm

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-  Swimming pool prices: Admission: 6,50€/adult 5€/child (-14 years old)  
10 tickets card: 50€/adult  
Season pass: 80€/adult  
60€/child (-14 years old)  
Annual card: 110€/adult  
80€/child (-14 years old)

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-  + 33 4 79 22 06 75



### SWIMMING LESSONS

Learning or development, children and adults.


-  Espace loisirs  
Champagny Village

-  + 33 4 79 22 06 75

### WATER AEROBICS


A complete sport activity, ideal to keep in shape, tone your muscles in the water!


-  Espace loisirs  
Champagny Village

-  + 33 4 79 22 06 75

### CANYONING

The canyoning descent involves walking in various terrains, swimming, jumping, slides... Several courses according to your level!

-  Variable rates according to the race

-  + 33 6 81 30 42 95  
Mountain guide office  
+ 33 6 89 93 65 19  
Damien SOUVY



## ACCOMMODATION

### HOTELS

- Ancolie\*\*\* + 33 4 79 55 05 00  
 Les Glières\*\*\* + 33 4 79 55 05 52

### SELF-CATERING ACCOMMODATION

- CGH résidence & Spa Les Alpages de  
 Champagny\*\*\*\* + 33 4 79 22 21 20

### REAL ESTATE AGENCIES

- Roc Blanc + 33 4 79 55 05 77  
 RMP Immobilier + 33 4 79 41 44 37

### RESIDENTIAL HOTELS

- Chalets du Bouquetin + 33 4 79 55 01 13  
 Les Balcons Étoilés + 33 4 79 55 05 77  
 Les Edelweiss + 33 4 79 55 04 71

### REFUGE

- Refuge de la Porte du Bois (P.N.V)  
 + 33 4 79 55 05 79  
 Refuge du Laisonnay + 33 6 08 54 34 61

### CAMPSITE

- Le Canada + 33 4 79 55 03 41

### FURNISHED ACCOMMODATION & GÎTES

- Central booking office + 33 4 79 55 06 55

## RESTAURANTS / BARS

### VILLAGE

- Alpenrose + 33 4 79 55 05 00  
 Alpina + 33 4 79 22 57 96  
 Au Son des Clarines + 33 4 79 41 16 67  
 Barillon + 33 4 79 55 05 30  
 Glières + 33 4 79 55 05 52  
 Grand Bouquetin + 33 4 79 22 05 59

### CHAMPAGNY LE HAUT

- Refuge du Bois + 33 4 79 55 05 79  
 Refuge du Laisonnay + 33 6 08 54 34 61

### ON THE MOUNTAIN PASTURES

- Chalet des Verdons Sud + 33 6 13 10 33 31

## NIGHT-CLUB

- Le Galaxy + 33 6 07 09 30 44

## SHOPS

### Bakery - cakes & chocolate

- Marmottine + 33 4 79 55 07 10

### Hair dresser

- Coiffeur Création + 33 4 79 01 19 96

### Sport shops

- Belvédère Sports / Sport 2000  
 + 33 4 79 55 05 45  
 Intersport + 33 4 79 55 07 36  
 Ski Set / Ski shop Vanoise  
 + 33 4 79 55 05 92

### Regional products - wines

- La Fruitière + 33 9 67 48 11 26  
 Le Schuss Gourmand  
 + 33 4 57 37 88 14

### Gifts - souvenirs

- La Lézardière + 33 4 57 37 88 14

### Grocery

- Sherpa + 33 4 79 22 17 88



## ACTIVITIES

### Painting & raw clay workshops - modelling

- Jacqueline Bergereau  
 + 33 6 70 63 69 76

### Ceramic workshops - mosaic

- Lorène Herrero + 33 6 09 41 52 61

- Library + 33 4 79 22 14 08

### Mountain guide office

- + 33 6 81 30 42 95

- + 33 9 67 26 12 73

### Cinema

- + 33 4 79 01 40 28

### Espace Glacialis (museum)

- + 33 4 79 01 40 28

### Horse riding

- Le P'tit Ranch + 33 6 89 78 15 64  
 Ferme équestre à Hue & à Dia  
 + 33 6 68 37 10 62

### High mountain guide

- Alain Charrière + 33 6 81 30 42 95  
 Damien Souvy + 33 6 89 93 65 19

### PAILING & TATTOOING

- Cathy Nails + 33 6 78 01 03 77

### Paragliding

- Air Vanoise - Antoine Mercier  
 33 6 85 37 25 85  
 Bruno Ruffier des Aïmes  
 + 33 6 60 38 00 36

### Pool

- Swimming-pool & spa  
 + 33 4 79 22 06 75

### Spa & wellness

- Spa de la piscine + 33 4 79 22 06 75  
 Centre Ô des Cimes + 33 4 79 22 21 20  
 Harmonie & bien-être  
 + 33 6 87 55 66 22

### Wood-carving

- Des racines & des bois + 33 6 24 05 11 00

### Wings Events (organizer of activities & events)

- Roudouin Matthieu + 33 6 87 28 20 04  
[www.wings-events.fr](http://www.wings-events.fr)



**ASSOCIATIONS**

**A.L.C.S** (Leisure Culture Sports Association)  
Mrs Véronique Tatoud  
alcs.champagny@yahoo.fr

**Champagny mountain painter workshops**  
Mrs Jacqueline Genier  
jacottagegeniez@free.fr

**Champagny Glace Montagne**  
(Ice climbing)  
Mr Denis Tatoud + 33 6 37 35 48 75

**Senior citizens'club**  
Mr René Roche + 33 6 71 20 87 10

**Village Feast Day** (Champagny Village)  
Miss Juliette Ruffier des Aimes  
+ 33 6 62 82 24 72

**Gorzderette**  
(The multi-activity "Frosted Tournament")  
Miss Julie Monnet www.gzd.fr

**Grand Bec Événements** (Nordic ski race)  
Mr Arnaud Ruffier des Aimes  
www.marathondugrandbec.com

**Le Hérisson de Jade** (Courses and workshops on traditional Chinese energy practices)  
+ 33 1 69 57 03 72  
leherissondejade@orange.fr  
www.tao-yin.fr

**Saint Clair** (village feast - Champagny le Haut)  
Mrs Marie-Eliane Gros + 33 6 81 30 23 40

**Champagny ski club**  
Mrs Stéfany Moenne-Loccoz  
www.skiclubchampagny.com

**Champagny-Bozel cross country club**  
Mr Daniel Girardin  
www.club-skidefond-bozel.jimdo.com

**Sou des Écoles**  
Mrs Laurence Rasongles  
soudesecoleschampagny@gmail.com

**Tarahumara Spirit**  
Dr. Salmon  
tarahumaraspirit.org

**TRADMEN & BUSINESSES**

**Commercial real estate agent**  
Mrs Catherine Lesourd + 33 6 84 99 95 03

**Graphic design**  
Dinézine Design + 33 6 84 35 38 86

**Electrician**  
Millot Électricité + 33 6 21 73 90 82

**Carpentry**  
SOSAMEC + 33 4 79 55 05 81

**Painting**  
L'Agence Peinture + 33 6 22 52 09 23

**Upholsterer, decorator**  
Mrs Chantal Bourget + 33 6 11 51 42 78

**Transport**  
Dunand Vanoise Voyages  
+ 33 6 11 40 52 53

**Water installation work**  
Sarl ARINA + 33 6 22 98 51 64

**PRATICAL**

- **Press** (regional newspaper): SHERPA grocery

- **Laundry**: self-service at the residence "Alpages de Champagny" (tokens on sale at reception):  
5€ / machine 1€ / laundry  
4€ / tumble dryer

- **Internet** :  
- "Internet Ici" terminal from 3€ for a 30-minute connection at the tourist office.  
- Wifi: 30mn of free wifi per day in / in front of the tourist office, network "OT La Plagne".  
- Network in the village "Internet Ici" from 3€/30 min.  
Le Code Bar, Le Grand Bouquetin and Refuge de le Bois: free Wifi for their customers.  
- Hippocket Wifi: rental per day (7€) or more (decreasing price) at the tourist office.  
High speed wifi network (up to 10 devices connected simultaneously). Payment in credit card only.

- **Lockers**  
At the ground floor of the Fruitière (the Centre) Lockers at 2€, 3€ & 6€.



**LOCAL MAKETS**

Sale of fruits and vegetables from La Drôme, every Tuesday and Friday in the centre of Champagny en Vanoise

Close to Champagny en Vanoise:

- Monday: La Léchère les Bains (25km), morning
- Tuesday: Pralognan la Vanoise (10km), all day Moutiers (18km), morning
- Wednesday: Brides les Bains (12km), morning
- Thursday: Bozel (small market - 5km), morning Albetville (45km) (2 markets: food market & clothing market), morning
- Friday: Pralognan la Vanoise (10km), all day Moutiers (18km), morning
- Saturday: Aigueblanche (21km), morning Albetville (45km), morning

**PETS**

- **Veterinaries clinics** :

- Bozel (5 km) + 33 4 79 22 09 51
- La Perrière (9 km) + 33 4 79 41 95 36
- Moutiers (18 km) + 33 4 79 24 01 76

- **Kennel** + 33 4 79 32 72 04  
Albetville (45 km)

- **Toutounet** : dog dropping bags dispensers at your disposal in Champagny Village and Champagny le Haut.

- **Walks** with your dog: topo available at the tourist office.



## Access - transports

### RAILWAY / RESORTS LINKS

Information [www.mobisavoie.fr](http://www.mobisavoie.fr) or + 33 9 70 83 90 73 (not overtaxed).

Time sheets at the tourist office  
Champagny - Moûtiers (bus station / railway)

One way: 13,40€/pers  
11,40€/pers. under 26 years old

Return: 24,10€/pers  
22,70€/pers. under 26 years old

Champagny - Pralognan la Vanoise or  
Champagny - Bozel

4€/pers  
3,50€/pers. under 26 years old

Champagny - Brides-les-Bains  
8€/pers.

6,80€/pers. under 26 years old

### TAXIS, MINIBUS, CARS

Dunand Vanoise Voyages  
+ 33 4 79 55 05 28 / + 33 6 11 40 52 53

### CAR RENTAL (Moûtiers 18km)

Avis + 33 4 79 24 01 55  
Europcar + 33 4 79 24 09 72  
Hertz + 33 4 79 24 07 75  
Leraz + 33 4 79 08 64 47

### AIRPORTS

Lyon St Exupéry (180km)  
+ 33 826 200 826  
Genève Cointrin (140km)  
+ 41 227 17 7 111  
Chambéry / Aix les Bains (100km)  
+ 33 4 79 54 49 66  
Grenoble Isère (174km)  
+ 33 4 76 65 48 48

Bus links: airports / resort:  
Information & reservation on  
+ 33 820 205 330

### WORKS ON DEPARTMENTAL ROAD CHAMPAGNY VILLAGE <=> CHAMPAGNY LE HAUT

Work on the corbels of the Gorges de la Pontille. Alternate traffic : from Monday to Friday, June 3<sup>rd</sup> to July 5<sup>th</sup> & from September 2<sup>nd</sup> to the end of November (depending on the weather)  
Daytime closure of: 8.30 to 10.15am - 10.30am to 12pm - 1.30pm to 3pm - 3.15 to 4.45pm  
Closing of the road at night from 9pm to 6.45am from September 2<sup>nd</sup>.

Information provided for information only and updated daily on the website:  
<http://www.savoie-route.fr/fr/chantiers> - section RD 91B - Gorges de Champagny en Vanoise

### PETROL STATION 24H/24

- Bozel (5km)  
- Le Carrey (Courchevel crossroad, 8km)  
- Pralognan la Vanoise (10km)  
- Moûtiers (18km)

### GARAGES

**- Bozel (5 km):**  
Gerfaux/Picon + 33 4 79 55 03 31  
Grand Bec + 33 4 79 22 14 93  
Vanoise Automobile + 33 4 79 22 01 54  
**- Carrey (8km):**  
Grand Pont + 33 4 79 55 35 21  
**- Pralognan (10 km):**  
Garage de la Rossa + 33 4 79 08 73 28

### SERVICES

**Tourist office** + 33 4 79 55 06 55  
Facebook : Champagny en Vanoise

### ADMINISTRATIVE SERVICES

**Town hall** + 33 4 79 55 03 80  
fax : + 33 4 79 55 00 99

Monday to Thursday: 8am-12pm & 2pm-6pm  
Friday: 8am-12pm & 2pm-5pm

**Post office** + 33 (0)4 79 55 02 79  
Monday to Thursday: 8am-12pm & 2pm-5pm  
Friday: 8am-12pm & 2pm-4.30pm  
Last post collected: Monday to Friday at 12pm

### BANKING SERVICES

**Cahspoint / ATM 24h/24**  
Champagny: le Reclaz  
Bozel (5km)

**Banks (Bozel -5km) :**  
- Crédit Agricole + 33 4 79 44 60 08  
Tuesday to Friday: 8.30am-12pm & 13.45pm-18pm  
Saturday: 8.30am-12.10pm  
- Banque de Savoie + 33 4 79 55 01 08  
Monday: 8.30am-12pm & 13.40pm-17.30pm  
Friday: 8.30am-12pm & 13.40pm-16.20pm

### EMERGENCY SERVICES

- Medical centre 24h/24 - Moûtiers (18km)  
+ 33 4 79 09 60 60  
- Albertville hospital (45km)  
+ 33 4 79 89 55 55  
- Medical emergencies (European call) 112  
- Deaf and hearing impaired emergency 114  
- Poison control centre in Lyon  
+ 33 4 72 11 69 11  
- Fire department 18  
- All night doctor 15  
- All night pharmacy 3237

### SECURITY

Police (Moûtiers, 18km) + 33 4 79 24 00 15

### INFORMATION

Mountain forecast + 33 8 99 71 02 73



### MEDICAL SERVICES

#### - Medical centre

Bozel (5km) D' DUPUY + 33 4 79 22 03 08  
D' PORTUGAL + 33 4 79 22 09 08  
Pralognan la Vanoise (10km)  
D' FRANCOZ + 33 4 79 08 75 61  
D' MAIGNÉ + 33 4 79 08 72 04

#### - Dentists

Bozel (5km) D' COTTEAUX + 33 4 79 06 51 42  
D' SOLVET GARREAU + 33 4 79 01 11 19  
Brides-les-Bains (12km)  
D' POMAGALSKI + 33 4 79 55 22 60

#### - Nurses

Mrs Maryse SOUVY + 33 6 12 73 61 90  
+ 33 4 79 55 05 10  
At Bozel (5km) + 33 4 79 22 03 12  
Duty period: Tuesday, Thursday & Saturday:  
8am-8.30am,  
Monday to Friday: 6pm-6.30pm, Saturday &  
Sunday by appointment

#### - Physiotherapists

Bozel (5km) C. DILLENSIGER + 33 7 83 21 36 77  
DELAUP LOISEAU + 33 4 79 22 11 03

#### - Pedicure - chiropodist

+ 33 6 15 43 31 74  
Viviane MESLIN, on appointment: centre open all day on Thursday & home consultations.

#### - Optician

Bozel (5km) Bozel Optique+ 33 4 79 41 95 12

#### - Pharmacies

- Bozel (5 km) + 33 4 79 22 19 20  
Monday to Saturday: 9am-12pm / 2pm-7pm  
- Pralognan (10 km) + 33 4 79 08 71 61  
July & August: Monday to Friday: 9am-12.30pm/3pm-7pm  
Saturday 9.30am-12.30pm/4pm-7pm &  
Sunday 9.30am-12.30pm / 5pm-7pm  
- Chemist on duty: see display at the tourist office or call 3237



## ENVIRONMENT



## Environment

### RECYCLING

*At your disposal, at the tourist office*  
 - Point recycling of used batteries  
 - Recycling point for used light bulbs



Le Centre  
 Champagny Village



Tourist office + 33 4 79 55 06 55  
[info.champagny@la-plagne.com](mailto:info.champagny@la-plagne.com)  
[www.champagny.com](http://www.champagny.com)

### ECO-CITIZEN

*Several waste collection points, identifiable on the Champagny en Vanoise map as well as flyers on water & waste sorting at your disposal*




Free village map and flyers



Tourist office + 33 4 79 55 06 55  
[info.champagny@la-plagne.com](mailto:info.champagny@la-plagne.com)  
[www.champagny.com](http://www.champagny.com)

### WASTE COLLECTION

#### CENTRE

 Le Carrey (7 km)  
 Located on the right just after the "Le Carrey" roundabout (towards Moûtiers)



Monday to Friday: 7.30am to 12pm  
 Saturday: 8am to 12pm  
 Monday, Wednesday & Friday: 2pm to 5.30pm



Free for individuals



+ 33 4 79 55 35 23

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