



LEGEND

- Pedestrian trails
- ★ Themed pedestrian trails
- ⋯ Snowshoe trails
- Cross Country Itineraries
- Ski touring

DEPARTURE POINTS

- D1** Departure point next to the residence La Marmottane
- D2** Departure point in the village, next to the residence "Le Signal"
- D3** Departure point at the "Chaillet" car park
- D4** Departure point out of the resort, by the road leading to Longefoy
- D5** Departure point located in Montalbert 1600, at the residence "Le Dou de la Ramaz" car park.
- D6** Departure point at the terminal of the Montalbert cable car

OUR PARTNERS

Raquettes du Yéti

Balades et randonnées raquettes accompagnées

06 81 89 68 55

WHITE BEAR Bar, Pub, Pizzeria

Baby Foot / Table football
Fléchettes / Barts
Billard / Pool
Sport En Direct
09.52.18.45.55

16h00 - 3h30

Burgers, Salades & Pizzas Maison

TERRESENS

DEVENEZ PROPRIÉTAIRE À PLAGNE MONTALBERT

- ▲ Résidence d'exception skis aux pieds
- ▲ Services de gestion & de conciergerie
- ▲ Prestations haut de gamme

BUREAU DE VENTE CENTRE-VILLAGE

+33 (0)4 72 34 66 50
contact@terresens.com
www.terresens.com

SPORT PASSION

SPORT 2000

LOCATION DE SKIS
VENTE D'ACCESSOIRES ET DE MATERIEL

MAGASIN ET CONSIGNE A SKIS
A 50m DU TELECABINE

Tél. : 04 79 55 56 56
e-mail : sportpassion73@orange.fr
site : www.sportpassion.sport2000.fr

LOUEZ VOTRE POCKET WIFI

RENT YOUR POCKET WIFI

7€ /jour **39€ /semaine**

Votre réseau wifi privé partout dans la station
Connectez 10 appareils en très haut débit

Private Wifi network anywhere
Connect up to 10 devices with high speed connection

Location aux Offices de Tourisme de La Plagne
Rental at La Plagne Tourist Offices

to see...

What to see: this path is frequently crossed or followed by some of the forest animals, which you may be lucky enough

path is also a ski run.

A. Note that when you are coming back to MONTALBERT, the then after 100m, keep climbing to the right and leave path A-D and B separate. Take the path that climbs to the right the turnoff for path C, continue to the next intersection where

Leaving from D1, follow the path common to A-B-C-D. After

Access:

Arrival point: Montalbert
Difference in altitude: 150m

Time (approx.): 1.30hrs

Departure point: D1

Pravendu (D)

church of St-Jacques and the Superga chapel.

What to see: the villages of Plangerland, Planchamp with St Gregoire's chapel, Longefoy with its mill, bread oven, the

climbing to the left at the mill.

Both these itineraries take you to the village of Longefoy.

To get back to Montalbert, take the Chemin du Patrimoine,

entrance of the village where you will find itinerary A.

Itinerary B: Take the path that goes down to the left to the

100m turn left, leaving path D.

Itinerary A: Take the path that climbs to the right, then after

A-D and B separate.

Starting from D1, follow the path common to A-B-C-D. After

Access:

Arrival point: Montalbert
Difference in altitude: 150m

Time (approx.): 2.30hrs (A) et 2.10hrs (B)

Departure point: D1

Revers (A & B)

ATTENTION! Some footpaths are not always groomed after

a snowfall. They can be icy, depending on the time of year

and the weather conditions.

FOOTPATHS



LA PLAGNE
MONTALBERT

MONTALBERT



Impression Fedhweis - 04/79 07 65 33 - Credit photos : E.SIRPARANTA - La Plagne Tourisme Montalbert

SNOWSHOES RENTAL:
Intersport : +33 (0)4 79 09 78 28
Skiium: +33 (0)4 79 09 78 09
Sport 2000 : +33 (0)4 79 55 56 56
GUIDED SNOWSHOES OUTINGS:
AD Montagnes-Raquettes du Yéti : +33 (0)6 81 89 68 55
ESF Plagne Montalbert : +33 (0)4 79 09 77 24

FOR YOUR SNOWSHOES OUTINGS :

Superga chapel, the Church of Saint-Jacques .

What to see: the mill with its wheel, the bread oven, La

walk and discover the typical Savoyard village.

When you get close to the mill, you can continue your village. Explaining the history and heritage of Longefoy boards as you walk along the path, there are information

Leaving from D4 on the road before the entrance to the resort,

Access:

Arrival point: Longefoy Village
Difference in altitude: 180m

Time (approx.): 25min (descent) / 45min (ascent)

Departure point: D4

and heritage)

★ Chemin du patrimoine (History

way up and of Mont Blanc on the way back.

What to see: the chapel of Notre Dame des Neiges and the

fabulous panoramic view of the Massif de la Lauzière on the

in the direction of Montgèsin. Part of the route to get there

and back is on the same path.

walk up to the intersection with the main Montalbert 1600

the foot of Le Signal building, take the road on the left and

Access:

Arrival point: As departure
Difference in altitude: 180m

Time (approx.): 2hrs

Departure point: D2

Montgèsin (E)

CROSS COUNTRY SKI ITINERARIES

20km of cross country itineraries are offered with 3 levels:

Longefoy (1160m) - Le Crey / L'Adray

Departure point: The village of Longefoy, plateau de l'Adray
Free access / Easy level / Distance: Two 2.5km loops

The sunny plateau of Adray is the ideal place to learn cross country skiing. These 2 small loops which are groomed and marked are easily accessible by bus from Montalbert (the timetable is available from the Tourist Office) or via the "Patrimoine" pedestrian trail.

Attention : itineraries are accessible subject to snow conditions.

Montalbert 1600 - Gentil / Les Mairiers loop

Gentil loop

Departure point : Next to the "Cap Vacances" Holiday centre
Free access / Level very easy / Distance : 0.5km

Small beginners loop in a lovely sunny area.

Mairiers piste

Departure point : D5
Free access / Easy level / Distance : 12km round trip

This easy itinerary is nestled in the heart of the forest and is accessible by going up the car park of the "Dou de la Ramaz" residence until the crossing with the tarmac road. After 6 km you arrive at the La Plagne Olympic bob sleigh track which was constructed in 1992 for the Albertville Olympic Games. You then need to turn around and go back the way you came to return to the resort.

Beware: this itinerary crosses several downhill runs.

Summit of the Montalbert cable car (1970m) The Prajourdan loop

Departure point : Summit of the cable car, at the level of the reservoir.
Access via the Montalbert cable car (with a valid lift pass)
Easy level / Distance : 3km

This easy loop is found in the heart of the magnificent Prajourdan countryside, under an amazing view of Mont Blanc!

Time (approx.): 30min

Difference in altitude: Almost nothing

Arrival point: Montalbert

Departure point: Longefoy

★ La chapelle de la Superga (The Chapel "Superga")

Access:

Leaving from D3, you get to the start of the trail by going up

go a little further up the slope then go left on the short circuit

of the Biodiversity trail.

and our mountain ecosystems on this family trail with fun

educational information boards in the form of games, puzzles

What to see: find out about the biodiversity in our forests

Access:

Arrival point: Montalbert
Difference in altitude: Almost nothing

Time (approx.): 1.30hrs

★ Sentier de la biodiversité (biodiversity trail)

Access:

Leaving from D1, follow the path common to A-B-C-D. After

500m, follow the direction of path C and leave itineraries

(Chemin du Patrimoine) for a short distance and cross the

Departure point: D3

Arrival point: Montalbert
Difference in altitude: Almost nothing

Time (approx.): 1.30hrs

panoramic view of the Versant du Soleil, the little hamlet of

What to see: a view of Longefoy village with its red roofs, a

Le Bois.

Access:

Arrival point: Montalbert
Difference in altitude: 150m

Time (approx.): 2.30hrs

Departure point: D1

Arrival point: Montalbert
Difference in altitude: 200m

Arrival point: Foot of the chairlift « Adrets »

Difference in altitude: 200m

Time (approx.): 2.30hrs (going) - 1.30hrs (return)

Access:

Attention: YOU WILL BE CROSSING SKI SLOPES!

From the Dou de la Ramaz car park in Montalbert 1600, walk

alongside the residence then after crossing the ski slope, a

path on the edge of the forest takes you to the start of Bief

Bovet, by the stream.

The way there and back is on the same trail, in a calm, tranquil

setting.

What to see: discover the history of the Chapel on the

information boards, viewpoint for Longefoy village, panorama

over the upper Tarentaise valley and Mont Pourri.

Access:

Arrival point: D5
Difference in altitude: 200m

Time (approx.): 2.30hrs (going) - 1.30hrs (return)

Access:

★ Bief Bovet

For your enjoyment and safety

CROSS-COUNTRY SKIING

• Cross-country tracks are packed at regular intervals and after snow falls.

• Consult the track plan, before setting out, in order to ensure that the length and its difficulty corresponds to your ability.

• Follow the arrows right from the start and do not leave the track.

• Make way for faster skiers and wait to one side.

• When your track crosses a downhill run or a drag-lift, give way to downhill skiers. Beware!

• Never ski on a closed track.

The Cross-country access is free of charge.

• Cross-country tracks are for Cross-country skiers only.

• NB : all ski schools have Cross-country instructors and organise regular tests. Sports shops have all the kit required for this sport.

WALKERS AND RAMBLERS

• Pedestrian paths are packed in different ways depending on the sector. They may follow the same route as Cross-country tracks or cross downhill runs. Beware! You must give way to downhill skiers.

• Do not leave the packed paths.

• Do not walk on downhill ski slopes (if you have no choice, please walk along the edge of the run).

• Dress properly with adequate walking boots and warm clothes.

• Do not start on a walk too late in the afternoon. You may be overtaken by nightfall.

• Tell your friends and reception at the hotel about the walk you plan to take.

• Check the weather forecast before going on a walk.

Dogs forbidden except kept on a leash

IN THE EVENT OF AN ACCIDENT

Call: 112

or the pistes emergency service:

Tél. +33 (0)4 79 09 67 60



LA PLAGNE TOURISME - MONTALBERT

Tél. +33 (0)4 79 09 77 33

www.montalbert.com

+33 (0)4 79 09 77 33

